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Woman shot, dies; suspect being sought

By Andy Slering
Staff writer

MADISON — Police are seeking a warrant from the Madison County state's attorney's office for the arrest of a suspect in the death Tuesday morning of Sandra Susan Smith, McDonald, 37, 1433 Madison Ave.

McDonald was shot in the chest once with a shotgun at 2:23 a.m. Tuesday, said Madison County Coroner Dallas Burke. McDonald was pronounced dead in the emergency room of St. Elizabeth Medical Center at 4:12 a.m. Tuesday.

The shooting is believed to have occurred in Madison. A neighbor who was at home at the time of the shooting heard no gunfire in the 1400 block of Madison Avenue.

McDonald's place of residence is in Granite City, but Madison police are handling the case.

Police Chief Charles Bridick said at 11 a.m. Tuesday he knew little about the case and could give no details. An autopsy is being conducted.

The victim, a lifelong resident here, was the wife of Michael McDonald.

Gaffner's rival drops race

By Bonita Gower-Tillman
Editor

EAST ST. LOUIS — Charles Mister, a Republican candidate for the 21st Congressional District seat, pulled out of the running last week. He would have faced Robert Gaffner, R-Green-ville, in the special primary July 12.

The special and general elections are required to replace Rep. Mel Price, D-East St. Louis. Price died April 22 of pancreatic cancer.

Mister, 34, said he was convinced after conversations with Gaffner, that his own concerns about East St. Louis would be addressed.

"We discussed problems here and I found his best interests are in East St. Louis," Mister said of Gaffner. "He said he would try to develop different programs here."

Party unity was another factor in Mister's withdrawal. He said a divided party will not benefit anyone and he was glad to work an agreement out with Gaffner.

"I did not get out of it for any money. I was not paid and I didn't get a job offer," he said.

Gaffner, who said he obviously happy with Mister's decision, said he can save money and put

his sights on the November general election.

"I reassured Charles I was totally committed to East St. Louis," he said. "It is absolutely essential to break that economic lock hold in the city."

"Until East St. Louis is allowed to grow and prosper, the rest of the district will not grow and prosper," he said. "I know the entire district has problems too."

"No one candidate or one group ... has the right to lay claim to the privilege of representing the ... 21st District."

Clarence Ellis

Democrats Jerry F. Costello, St. Clair County Board chairman, and Clarence Ellis, chairman pro tem of the East St. Louis Aldermanic Council, will compete in the special primary July 12.

Ellis, an alderman for 10 years, said in a prepared statement that he was asked to run by local officials and community leaders.

"No one candidate or one group ... has the right to lay

claim to the privilege of representing the ... 21st District," his statement read.

"Huge problems loom for the aged, the poor, the farmers and the disaffected members of our congressional district," Ellis said.

Costello could not be reached to comment on Ellis' entry into the race.

Costello won the Democratic primary in March against Pete Fields, Madison County auditor; Mike Mansfield, Price's top aide; and Steven Maragides, a Madison attorney.

Gaffner was unopposed in the Republican primary in March.

Price's death required that special primary and general elections be held to replace him. The law applies to any congressional seat with more than 120 days left on the term.

The winner in the special general election Aug. 9 will hold the seat four months — until the swearing in January of the winner of the regular general election to be held in November.

Reviews and previews

Lengyel will take charge

Jim Lengyel will be the new Granite City police chief June 1, replacing Chief Bob Astorian, who is retiring to become the director of Madison County Probation and Court Services. Lengyel, 40, assistant chief, has been with the department for 17 years. Ron Selph, a captain, was been appointed assistant chief.

Grade school head to lead BAC

Dr. Joseph Cipri, superintendent of Belleville Grade School District 118, was appointed Belleville Area College's new president. Cipri is expected to take his post about July 1. In making the appointment, the BAC Board of Trustees rejected the recommendation of its steering committee.

Book sale, car show, circus coming

Granitefest '88 offers an array of activities this week. Performances of the Shrine Circus are continuing at 7:30 tonight and Thursday at Tri-City Speedway. As part of the "Weekend in the Park," the Granite City Public Library will hold its annual book sale from 7 to 9 p.m. Friday, 10 a.m. to 6 p.m. Saturday and noon to 3 p.m. Sunday at the Wilson Park Ice Rink, where arts and crafts will also be on sale. Other park festivities will include concerts all three days, a new car show Saturday and an antique car show Sunday.

50 years ago

Thursday, May 26, 1938

Thirty-six public tavern owners appeared before Liquor Commissioner M.E. Kirkpatrick to answer allegations by five local ministers. One tavern owner said he thought the little piles of change next to four card players were from drinks they had purchased.

Tell it like it is

Q: What do you think of the federal government's decision to abandon its "zero tolerance" anti-drug policy that resulted in ships being seized if they had only small amounts of drugs aboard?

Hubert Williams

"Every vessel, ship, plane, everything should be completely searched at the border; and if there is anything, even just one cigarette, it (the craft) should be taken away. The poison that is coming in is poison that could get my kids."

—26th Street

John L. Kibbons Sr.

"I think they ought to concern themselves with the big smugglers instead of the little people that are not doing anything."

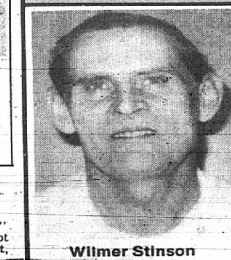
—Roosevelt Avenue

NEXT WEEK Would you like to see the Granite City Council meeting broadcast over cable television? To record your answer, phone 452-0222 between 5:30 p.m. and 8 a.m. daily. Leave your name, address and phone number for verification.

Quote of the week

"Televising the council meetings is something the people have been entitled to ever since the cable came in," said 4th Ward Alderman Dan Partney during last week's council session. "We've got a chance to show what's going on in the community. It's basically unlimited."

Tip of the hat



Wilmer Stinson

Dedicated worker

Wilmer Stinson has been a dedicated employee of Nestle Foods for 24 years. He has worked as a volunteer with the United Way for more than 20 years as the in-plant solicitor at Nestle Foods. During the past two years, Nestle Foods' company gift has increased 227 percent due to the company matching contributions of Nestle employees.

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Village adopts \$773,990 budget

By Valerie Evenden
Staff writer

PONTIAC BEACH — No one apparently was excited about a proposed increase in the village budget, up \$116,680 over last year, nor a published notice stating taxes could rise by 2,230.9 percent.

The 1988-89 budget adopted Thursday night amounted to \$773,990. The previous budget was \$657,310.

Only four people attended the public hearing and three of those in the audience are regulars at semi-monthly board meetings.

Bob Harris, Madison County supervisor of assessments, didn't arrive, either, but Village Attorney Keith Jensen and Trustees Don Rea and Carl Hackney managed to field the few questions asked at the hearing.

The high percentage quoted in the published notice resulted from virtually no taxes being levied in 1987.

A Truth in Taxation Act notice was not published last year and the village could not levy any corporate (village) tax, but was confined to a 7.5-cent rate per \$100 assessed valuation for police protection, said Mayor Glen Wilson.

The owner of a home worth \$30,000 and assessed at one-third its value, \$10,000, paid only \$7.50 in taxes, he said. The village collected \$7,426 as its total share of the real estate taxes.

The new levy will reflect a corporate tax to operate the village and levies for Social Security, Illinois Municipal Retirement Fund (IMRF) and bonds and interest.

Despite the additional tax levies, the total amount the owner of a home assessed at \$10,000 will be required to pay for village operations will be less than \$80, Jensen said.

The rate for police service is expected to remain at 7.5 cents on each \$100 of assessed valuation; the corporate tax is estimated to be 25 cents; Social Security, 14 cents; and IMRF, 18 cents.

The village's assessment base has risen, Hackney said; property values for 1987 increased to \$12,912,627, compared to \$8,883,000. Sales tax income has doubled from \$8,000 in October 1986 to \$16,000, he said.

"The higher the assessment, the less tax (rate) we have to pay," Hackney said.

Estimated revenues in 1988-89 are listed at \$608,320.

Proposed expenditures budgeted for 1988-89, with the 1987-88 figures in parentheses, are: general fund — \$639,590 (\$475,720); land purchase — \$9,000 (\$14,500); contingency fund — \$35,000 (same); contractual services — \$83,400 (\$61,700); audit — \$2,000; and census — \$5,000.

Peeping Tom investigated

GRANITE CITY — A Peeping Tom and a policeman who are alleged to be the same person are the subject of an internal investigation by Granite City Police, sources report.

Police officers who were sent to investigate a report of a Peeping Tom reportedly made a check of the general area and found only a policeman. The person making the complaint then allegedly identified the policeman as the person she saw.

"Yes, somebody reported something like that," Mayor Von Dee Cruse said. "There is an investigation going on. That's all I know. I don't know any details."

Cruse said no action had been taken against anyone at the police department.

"We're investigating something down there all the time," he said.

Police Chief Bob Astorian declined comment on the matter.



(Staff photo by Patrick Foley)

Remembering

HONORING WAR DEAD: Members of Boy Scout Troop 1 and Cub Scout Pack 1, both of Venice, help to raise the flag during Memorial Day services at Venice-Madison American Legion Post 307. More than 200 attended the observance Monday on the post's lawn in Venice.

New policy affects sick pay paid to retiring janitor

By Paul Guggina
Staff writer

GRANITE CITY — A District 9 janitor may get less sick leave pay than he anticipated when, and if, he retires July 5, Superintendent of Schools Gih Walmesley said.

Or the janitor may be sent disappointed, a Service Employees Local 98 spokesman said, indicating the issue will be contested.

The man submitted his retirement request May 17. He did not specify how much sick leave pay

will be owed to him, but the district and union said he was expecting to get paid for 15 days of 1988-89 unused sick leave.

The 15 days would have accumulated instantly with the start of the new fiscal year July 1. But the Board of Education on May 24 changed its policy so anyone retiring after June 30 will not automatically get credit for new sick days.

Board President L. Monroe Wooten said the policy change will affect everyone whose retirement has not yet been approved by the board.

The custodian's retirement was scheduled to have been approved prior to the policy change last week, but to shorten the meeting so board members could attend a school function that evening — the board skipped the retirement request and other items.

The man's union representative said Wednesday that the policy change should not affect the janitor — the representative, Don Murphy, said he would do "whatever it takes" to ensure that the man gets paid for the 15 sick days.

"He will absolutely get it," Murphy said. "There is no doubt in my mind. It's in his contract, and he will get it."

The man said Wednesday he would let Murphy handle the matter.

"I'm waiting to find out more about it," the retiring custodian said. "I don't want to say anything about it right now because I still work for the district. I think it's a union matter."

Neither the man nor Murphy was at Tuesday's meeting, but board member Paul Bowler objected to the policy change.

Busy summer at library

"Devour a book" is the theme of the summer reading program at the Granite City Public Library. The program will run from June 15 through Aug. 6.

Registration begins June 1 for the reading part of the program. Children in the 4th grade and up will be encouraged to read 15 books; children in preschool through 3rd grade, 25 books. Oral reports on the books may be given at the library according to the printed guidelines.

Movies will be shown on Tuesdays at 2 p.m. in the children's room of the main library, 2001 Delmar Ave. Each movie lasts approximately 30 minutes.

A list of movies can be obtained at the library. The first movie of the summer will be

shown on June 14.

"Storytimes" will take place Wednesdays at 11 a.m. in the children's room. Youngsters must be at least three years old in order to attend.

Each storytime will last 30 minutes. The first storytime will be on June 15.

Registration is required for craft programs this summer. There will be crafts for two age groups: 6-8-year-olds and 9-12-year-olds.

Craft programs will be held Thursdays at 2 p.m. at the branch library, 2020 Johnson Road. Registration is limited to the first 25 children who sign up at the beginning of the week for the craft on Thursday of that week.

Crafts will last one hour. The first craft will be for 6-8-year-olds on June 23.

In cooperation with the Madison County County Artistic Series, the Granite City Public Library will again sponsor the Summer Artists Series. The six programs in the series will feature a storyteller, a magician, dulcimer musicians, a St. Louis Science Center "sound demonstration," child actors, and a movement activity.

Announcements of these programs will appear in the newspaper before each event.

Information sheets and calendars of all summer activities are available at both the main and branch libraries.

\$1 fee now being charged at Arch

Visitors to the Gateway Arch between the ages of 17 and 61 are now paying a \$1 entrance fee.

Students on school field trips and children under 6 are exempt from the fee, and families pay a maximum of \$3.

Jerry L. Schober, superintendent of the Jefferson National Expansion Memorial, said the

fee could bring as much as \$300,000 to the park, which includes the Arch and the Old Courthouse.

The money would be used to "enhance the park's interpretation program and improve resource protection," Schober said.

Charges for other attractions within the park remain the same.

For current information on park operating hours, special activities or fees involved, persons may call (314) 425-4465, or write: Superintendent, Jefferson National Expansion Memorial, 11 N. Fourth St., St. Louis, Mo. 63102.

Senators to speak

Congressmen and U.S. senators from Illinois and Missouri are scheduled to participate in a Regional Commerce and Growth Association town hall forum Thursday, June 2, at the downtown Sheraton Hotel. An RCGA spokesman said there is no specific topic for the forum and it will be "wide open."

There will be an 11 a.m. reception and noon luncheon.

The program will include RCGA's recognition of State Sen. John Scott and State Rep. Anthony Ribaudo, both St. Louis Democrats, for their work in the creation of the St. Louis Regional

Convention and Sports Complex Authority. Legislation creating the authority was aimed at attracting another National Football League franchise.

Federal lawmakers scheduled to attend the forum include U.S. Sens. John Ashcroft and Christopher Bond of Missouri and Alan Dixon and Paul Simon of Illinois. Area members of the U.S. House of Representatives have indicated they will participate if their schedules allow.

Tickets cost \$25 for RCGA members and \$30 for non-members. The reservation phone number is 314-231-5555.

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Cruse gives 'State of Community' speech

By Von Dee Cruse
Mayor, Granite City

(This speech was delivered May 21 at the Mayoral Ball held at Southern Illinois University at Edwardsville.)

Just a few years ago, Granite City was in a sad state of affairs. Always a proud industrial leader, we were wracked by plant closings and layoffs. As unemployment was hitting a new high, our downtown central business district was hitting a new low.



Von Dee Cruse

Indeed, national analysts picked Granite City as one of the top three declining cities in the country, and our people seemed to believe it.

Well, I didn't believe it, and time has proven me right! Granite City is on the rebound. All around town you can see the signs of a city on the move.

Industry is once again expanding, renewing its commitment to our community. Granite City Steel has turned the corner. Hit hard by foreign competition, our major employer lost millions of dollars as it fought for survival. Last year, through skilled management and dedicated labor, the industrial giant got back on its feet.

In 1987, for the first time in a long time, Granite City Steel produced a profit, and the employees were rewarded for their heroic efforts with over \$19 million in bonuses.

At the same time, other major employers have shown signs of renewed vitality. Prairie Farms Dairy, Nestlé's and Heitman Steel have expanded their operations.

Northgate Industrial Park has grown with the addition of Sidener Supply, Air Products and Specialized Services. St. Elizabeth Medical Center has taken an abandoned school building and turned it into its "Wellness Center."

Three years ago Granite City had a bad name among national retailers. Time and time again, special interest groups successfully halted developments, costing our people jobs and our city government tax dollars. As mayor, I have and will continue to pledge my administration to business assistance.

Adi's Grocery Store was dead until we traveled to their headquarters to persuade them that the majority of Granite Citizens wanted their store. It is now being built.

Earlier this spring, Shoney's representatives came to us and told us about a large-scale corporate shake-up that would reduce the number of new restaurants to be built by over 80 percent.

Because of the strong support we gave throughout their rezoning ordeal, we were able to secure one of the few new Shoney's restaurants for Granite City. They will begin construction in July.

Through this kind of effort, we have seen numerous retail and office developments springing up around town. As long as I am mayor, we will fight for development, for jobs, and for tax dollars, because without it we cannot survive.

These demonstrations of confidence in our town by business and industry have led to a renewed optimism among our people. We are now beginning to see the signs of this optimism. Available lots in the Town and Country Subdivision were quickly developed last year. On Parkview, the first condominiums ever built in this town are now under construction.

Just a few blocks away on Maryville Road, 19 new homes are now breaking ground. After years of dormancy, the Depot has also joined in on Granite City's revitalization. By demonstrating our support for and appreciation of the Granite City Army Depot, we have won approval for a major development on the Depot grounds. One hundred apartments, worth almost \$9 million, will be under construction this summer.

Throughout the country, cities suffer from the deterioration of infrastructure. Ours is no exception. But we here in Granite City are doing something about it. A unique agreement has been worked out which has regionalized our sewage treatment plant. By adding the Nameoki and Glen Carbon sewage systems to our own, we will cut our cost of operation. We have generated a \$3 million grant from the state to refurbish our plant.

Additionally, a plan has been adopted to repair our long-failing sewer system. In the past three years, thousands of feet of infrastructure has been used to relined broken sewer lines with new plastic pipe. At the same time, broken pumps are being replaced in lift stations to keep things flowing right in Granite City.

In an effort to improve our accessibility, we have begun major street projects. Last year 23rd Street, linking downtown Granite City with the Collinsville/Edwardsville/Glen Carbon area, was widened and repaved. Next year we plan to do the same to Rock Road, improving access to downtown from Illinois 3.

Because of our persistence, the Illinois Department of Transportation has begun work on widening Nameoki Road. The surveying and planning are now under way to expand Nameoki to five lanes. Construction is anticipated in 1990.

When completed, this project will relieve the congestion by removing left-turn vehicles from the traffic lanes and will strengthen Nameoki as a retail area.

For years, Granite City was lackadaisical about expanding its boundaries. This backward attitude has left us running out of room for future growth. In the past three years, we have aggressively pushed our boundaries outward, increasing the size of the city by over two square miles and over \$12 million in assessed value.

Industries, businesses, residents and farmers have annexed to Granite City, as they have seen our dedication to development and realized our importance to the future of the area.

These efforts will continue. For 90 years, Granite City has been an industrial town. It was founded in the days before automobiles, when men had to walk to work.

'Granite City is on the rebound. All around town you can see the signs of a city on the move.'
Mayor Von Dee Cruse

For most of those 90 years, we felt secure on our industrial base. We figured that as long as there was industry, the rest would take care of itself.

We figured wrong! With the advent of the automobile and the interstate highway system came freedom. Our industrial employees no longer had to buy homes close to our plants. They no longer had to spend their paychecks in our stores. And we have paid the price for our shortsightedness.

During the '70s our population fell by 10 percent. Our stores captured only half of the dollars our citizens spent. And, when our industries hit hard times, our city suffered a body blow.

A healthy community rests upon a three-legged stool. One

leg is industry, the second is business, and the third is housing. For far too long, we rested on only the industrial leg. It is time to build the other two.

Three years ago, we began work on an ambitious plan to rebuild our blighted central business district. At that time, we all knew it was going to be a long, hard road. We just didn't realize how long and how hard.

When we began, we had nothing — no plans, no money, no idea of what to do or how to do it. Just blocks and blocks of vacant and deteriorating buildings.

But we gradually built a vision of the future. Downtown should and could be a retail and office center, anchored by a large shopping center. It is a vision based on sound analysis and financial reality, and has been confirmed by two independent studies.

When complete, it will not only provide hundreds of temporary construction jobs and permanent retail jobs, but it will reverse the decline of surrounding neighborhoods, produce millions of tax dollars, and change the entire image of our town. While I am not able to announce a groundbreaking date tonight, I am certain of our ultimate success.

Granite City is a good place in which to live, but we need to make it better. While homes and condominiums are being built in our town, other large tracts of land remain fallow because of problems of drainage, sewage or a lack of utilities. Many of our plant managers live outside of Granite City. Others, longtime Granite City residents, ultimately leave because they cannot find suitable homes here. (See CRUISE, Page 1A)

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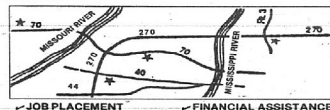
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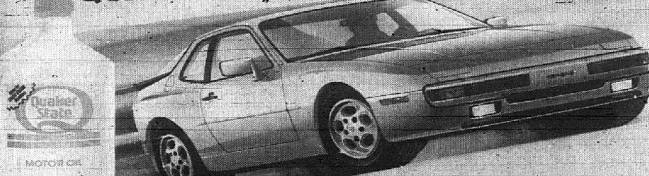
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Child support bill passed by House

SPRINGFIELD — Legislation mandating that child support payments be withheld from the responsible parent's paycheck passed the House on a 97-14 vote. The legislation could bring in at least \$10 million more a year in child support payments, said Rep. Tom Ryder, R-Jerseyville, chairman of the House Republican Policy Committee which formulated the proposal.

Currently a judge can issue a withholding order if a parent (usually a father) has missed a payment. Under the new legislation, child support payments would be deducted automatically by the employer and sent to the circuit clerk.

The bill would affect child support orders issued after Jan. 1, 1989.

The bill allows for the parents and the divorce judge to make arrangements other than garnishing wages.

Ryder characterized the bill as part of a continuing "welfare reform" effort of House Republicans because many women go on welfare when former husbands fail to meet child support obligations.

"Child support delinquency is the largest cause of welfare dependency for single mothers and children," said House Minority Leader Lee Daniels, R-Elmhurst. "Stricter child support enforcement will reduce the number of mothers and children on welfare and will ensure consistent and timely support payments."

According to the Illinois Department of Public Aid, there were 4,121 Public Aid and 1,771 other "active" cases in which delinquent child support payments were pursued in Madison County from July 1, 1987, through the end of February of this year.

The bill will now go to the Senate for further consideration.

Mayor: Feud with McNary will 'go away'

By Buck Collier
Staff affiliate

ST. LOUIS — The differences in opinion — on a variety of issues — between himself and St. Louis County Executive Gene McNary eventually will be resolved, St. Louis Mayor Vincent C. Schoemehl Jr. said Wednesday night.

But in the meantime, the two leaders will continue to cope with what Schoemehl called a "frustrating" situation.

Schoemehl's comments on his relationship with McNary came during the question-and-answer session at the annual meeting of the Confluence-St. Louis, a citizens group that studies and makes recommendations on regional issues. The meeting was held in the Clarion Hotel downtown.

"I think it's frustrating for me and I think it's frustrating for Gene, too," said Schoemehl, referring to the different stands taken by the leaders on issues ranging from the location of a football stadium to the long-term funding of a light-rail transit system.

The latest area of concern — although it has not developed into a split between the two — is the proposed expansion of Scott Air Force Base near Belleville. The base would accommodate cargo and some passenger flights now being handled at Lambert-St. Louis International Airport.

Earlier in the day, during a meeting of the East-West Gateway Coordinating Council's board of directors, McNary criticized Illinois officials for proposing passenger flights at the Air Force base, claiming it could create an economic hardship at Lambert.

Schoemehl, who also is an East-West Gateway board member, was not as critical, saying that it still needs to be determined if Illinois officials plan to use the Air Force base as a second major airport for the area, thus siphoning a significant number of passenger flights from Lambert.

"The mayor told the Confluence gathering that McNary is justified in trying to protect Lambert," Schoemehl said.

Schoemehl said the controversial issues he and McNary disagree on have overshadowed some "historic landmarks" they have achieved. He cited the St. Louis Regional Medical Center and the Convention and Visitors Commission as examples of regional cooperation.

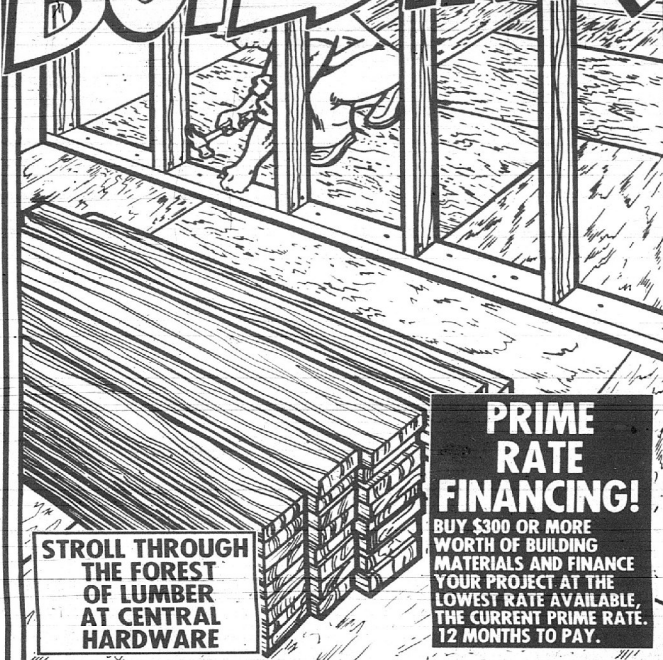
He also put some of the blame for the continuing feud on the press. "People want to report the sparks, not the embers," the mayor said.

Schoemehl added, "This will all calm down. This will all go away."

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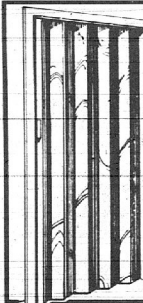
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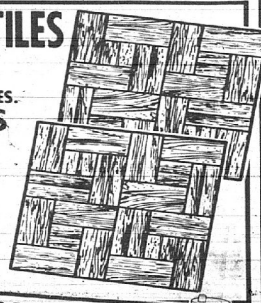
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State of Community speech

(Continued from Page 4A)
As a community, we must take aim to attract these groups. We must work to break open these hard-to-develop areas. We must develop new neighborhoods, homes, condominiums, and apartments and build the recreational amenities to supplement them.

City Hall must be the catalyst for this development, fighting to hang on to the people we've got, and persuading others to move in.

But most important to any community are its people. Real city pride doesn't come from anything a government does. It comes from a pride in ourselves as a citizenry—a pride which grows from pitching in and working together to make our

SEMC has new slogan

Janet Smith, a supervisor on S-Drs. and the program director of Hospice of Madison County, captured the spirit of St. Elizabeth Medical Center and first place among 184 entries in the SEMC Slogan Contest with her slogan:

"Modern technology delivered with old-fashioned kindness."

"I was pleasantly surprised when I found out I won," Smith said. "A couple of days before the deadline for entries, I was supposed to have a break with some people and they didn't show up. So, I sat and thought up some slogans. I came up with three and couldn't decide which

city a better place in which to live.

It is evidenced by the members of the Youth Committee, the Senior Citizen Committee, the City Pride Committee, the Economic Development Council and the group behind this event here tonight—the Granite City Ambassadors.

Toward the end of his long and productive life, a wise man was once asked what advice he had for young men just starting out on life's journey. This was his answer:

"Belong to something bigger than yourself, work with others toward a common goal, do your part, take pride in doing your job well, work hard to make your ideas take shape in reality, help build something of lasting value." Together, we can do just that.

I liked, so I entered all of them." To create her winning slogan, Smith reflected on her nine years at SEMC.

"When I was looking for a job there was a nursing shortage, so I could pick where I wanted to go. I looked at a lot of different hospitals and their philosophies.

"I was impressed with the friendly atmosphere and the progressive attitude toward nursing here at SEMC," she said. "I've watched the continual progression with new developments and technology. But we've also continued the emphasis on friendly service to our clients."

Group to seek school funding

On May 17, representatives of eight communities met at the Livingston Grade School and formed Southern Counties Organization to Revitalize Education (SCORE). Representatives from Madison, St. Clair, Bond, Montgomery and Macoupin counties were present.

SCORE is a coalition of parents, students, educators and other citizens concerned about what they believe is inadequate state funding for education.

"This is not just another taxpayers organization," said Alan Libbra of Livingston. "We have broad community support from people who want quality education for our children."

The coalition is seeking increased funding of education from the General Assembly through an increase in the state income tax.

SCORE is planning a lobby day June 15 in Springfield. The group encourages each community in downstate Illinois to form a local committee that will work to convince lawmakers of the need for school funding. SCORE can be contacted at 656-8922.

Art awards won

Two Granite Citians were among 18 students of the department of art and design at Southern Illinois University at Edwardsville to win awards in this year's undergraduate exhibition showing through June 3 in the University Center Gallery.

Gavin Grace won the \$50 Friends of Art Award and the \$25 Art Service Award for "10:15," a multiscreen video. Glenn Penberthy won the \$25 William Justin Brown Award for "Paul Bunyan's Knife," painted plywood, and the \$25 Art Service Award for "Launch," red brass, silver and garnet.

Breastfeeding class scheduled on June 6

The Obstetrics Department of St. Elizabeth Medical Center, 2100 Madison Ave., will be offering a class entitled Breastfeeding Your Baby as a community service for both expectant or new parents who have chosen breastfeeding for their baby and who want to know more about the subject. The class will meet on Monday, June 6, from 7 p.m. to 9 p.m.

Topics include the advantage of

Village adds liquor license

By Valerie Evenden
Staff writer

PONTOON BEACH—A change in the number of package liquor store licenses and the redefining of the cost of certain license classifications were voted at the Village Board meeting May 24.

The new ordinance sets the number of Class B licenses, issued for the retail sale of package liquor, at no more than seven. The previous number was six.

An additional license was added to permit the issuance of a license to Pontoon Shell Station, which also has a convenience store, Mayor Glen Wilson said.

The number of Class A licenses for the retail sale of alcoholic liquor for consumption on the premises remains at four.

Cost of both Class A and Class B licenses also remains the same at \$600 per year.

The new ordinance states that Class A businesses (taverns) which also make retail sales for off-premise consumption will be required to pay an additional \$150, making the license fee a total of \$750 per year.

The ordinance was approved unanimously.

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School news welcomed

Information about schools in Granite City, Madison and Venice is welcomed by the *Press-Record/Journal*. Send information and photos about school events at the elementary, middle and high school levels to: Paul Guggina, Granite City Press-Record/Journal, 1815 Delmar Ave., Granite City, IL, 62040.

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Academic achievement recognized

More than 850 students at Southern Illinois University at Edwardsville were recognized for academic achievement on May 15 at a special Honors Day convocation in the University Center.

For Honors Day recognition, students must maintain a grade-point average of 4.0 or better (A is equivalent to B+ to A-). In addition, they must have completed and passed at least 24 calculated hours of studies at the university to be eligible. Students with a grade-point average of 4.0 or above are indicated by an asterisk (*).

Approximately 200 special awards were given to SIUE students. They include:

Freshmen
Kimberly S. Asbeck, Christine Bieniecki, Deborah Burnmeister, Carolyn M. Cramer, Deborah L. Epperson and Kimberly R. Metcalfe.

Sophomores
Carolyn M. Friedel, Teri A. Geahlen, James Matthew Gill, Timothy J. Gossett, Annmarie Guzy, Lisa A. Heater, Corenea Ann Kelly, Charles A. Maurer, Sharon E. Reader, Paul W. Turner and Marleen G. Yurkovich.

Juniors
Laura R. Andrews, Dawn E. Bieniecki, Janet Irene Dusky, Donald Fikins, Kathy L. Houba*, Laura A. Jansen*, Claudia A. Kachigian, Tamara Sue Largent, Kimberly Rene Lemmon.

Diana Sue Ryan, Patricia L. Thomas and Linda Marie Valencia.

Seniors
Marilyn Eliz Baumann, Kimberly Blankenship, Connie M. Borror, Karen Turner Busse, Sandra Lynn Clement, Donald A. Gilbert, Ruth Ann Gregory, John L. Langley, Jody Lynn Little, Caleb Miller, Maria T. Quante, Karen S. Revelle, Patricia Rene Smith, Ricky D. Vance and Deborah Ann Wallis*.

Madison:
Sophomores
Susan M. Mainbridge and Sharon F. Yurkovich.
Seniors
Kim R. Goes and Karen S. Furkape.

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New officers

MARSHALL Elementary School PTA officers for the next school year are, from left, Jana Boring, vice president, Arlene Heath, treasurer, Lisa Morlen, president, and Joan Stark, secretary. The officers were elected at the May 17 Parent-Teacher Association meeting.

Students honored

The first Planning Ahead for Science and Engineering (PASE) program at Southern Illinois University at Edwardsville has recognized 26 high school students, including Howard Murray of Madison, who completed the program at a recent honors luncheon.

Cooperating in the program were State Community College of East St. Louis, Lewis and Clark Community College and SIUE.

The PASE program, initiated in December 1986 to encourage minority students and women to pursue training and careers in science and engineering, was made possible through a \$35,300 grant from the Illinois Board of Higher Education under the Higher Education Cooperation Act.

During summer 1987 and the 1987-88 academic year, students in the program met with area scientists and engineers, enhanced their academic preparation, and developed new skills for entering careers in science and engineering.

Summer Session Schedules—Session I June 4-30, II August 1-27

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00-5:00 Pre-School Must Be 3½	1 Class Per Week—\$20 per session 2 Classes Per Week—\$25 per session 3 or More Classes Per Week \$30 per session Choreography Workshops—\$5 extra	5:00-6:00 Beginning Choreography Must Be 3½	4:30-5:30 7 Year Olds	10-11 A.M. 5 & 6 Year Olds
5:00-6:00 5 & 6 Year Olds	5:30-6:30 Pre-School Must Be 3½	5:00-6:00 Beginning Choreography	5:30-6:30 8 & 9 Year Olds	11-12 Pre-School Must Be 3½
6:00-7:00 10 Year Olds	6:30-7:30 Bag, Jint. Jazz	6:00-7:00 Pre-Teen Ballet	6:30-7:30 Int./Adv. Tap	12-1 P.M. Points Must Be Enrolled in Ballet
7:00-7:30 Stretch	7:30-8:00 Stretch	7:00-7:30 Stretch	7:30-8:00 Stretch	1:00-1:30 Pas de deux Must Be Enrolled in Ballet
7:30-8:30 Modern or Characters	8:00-9:15 Advanced Jazz	7:30-8:30 Advanced Jazz	8:00-9:15 Int. Ballet	
8:30-9:30 Advanced Choreography Workshop				

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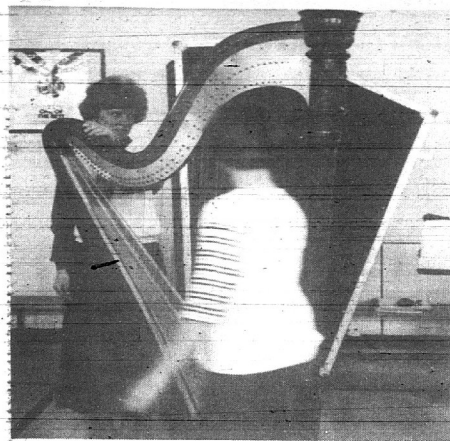
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Harp

NANCY SMALL informed and entertained the children at Parkview School recently. She told the children how harps are made and cared for, and played several selections for the students. Each student was allowed to experience how the harp strings are played at the end of her presentation.

Maryville pupils showcase world

Sixth grade pupils at Maryville Elementary School participated in "World Showcase Night," a culmination of a five-week social studies project initiated by teacher Mary Bright.

Pupils in Bright's home room chose a country in the Eastern Hemisphere to research. Each student made an extensive report on the country, drew a detailed map and constructed a historic monument or architectural example famous in that country.

On the evening of the show, students and families attended "World Showcase Night," and their projects were displayed along with authentic items from the countries represented.

More than 150 people attended and each family brought an ethnic dish to share.

Some of the projects displayed were the Eiffel Tower in France,



Jeremy Lewis talks about his project

the Leaning Tower of Pisa in Italy, Mount Olympus in Greece, the Great Wall of China and the Bridge over the River Kwai in Thailand.



Phi Theta Kappa

GRANITE CITY CAMPUS officers for the 1988-89 school year are, from left: advisor, Mary Ruth Herzon; historian, Debbie Valentine; public relations officer, Gail Tackabery; treasurer, Elaine Evans; vice president, Kelly Murphy; and president, James Davis. Not pictured is Diana Rogers, interim secretary.

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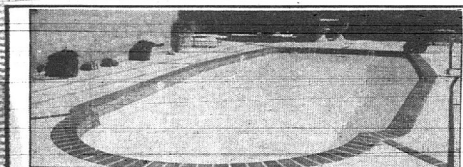
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Woman dies in accident

GRANITE CITY — A two-car crash on a hazardous portion of Illinois 50 in St. Clair County at 3:35 p.m. Sunday claimed the life of a 19-year-old Granite City woman and seriously injured two other persons.

Vicki Lynn Gann, 3033 Marshall Ave., was pronounced dead at the Scott Air Force Medical Center at 4:43 p.m. Sunday by St. Clair County Deputy Coroner Dale Robertson.

Carol S. Hustedde, 34, and

Nikki Hustedde, 15, both of Carlyle, sustained serious injuries in the accident. Carol was taken to Scott and transferred to Barnes Hospital, St. Louis. Nikki was taken to Scott and transferred to St. Joseph's Hospital, Alton.

State Police report that a car driven by Carol Hustedde was eastbound on Illinois 50 west of Illinois 4 when the car driven by Gann crossed the median and the westbound lane and a collision occurred.

Rodney C. McGinness, 22, 1525 Big Four Place, and Michael A. Viessman, 2024 Margaret St., Mitchell, both passengers in Gann's car, were taken to St. Elizabeth's Hospital, Belleville, with what were believed to be minor injuries.

A state police spokesman said the crash is still under investigation.

An obituary is given elsewhere in this issue.

Obituaries

Byrne

Florence Magdelene Byrne, 87, Troy, Ill., formerly of Granite City, died at 3:30 p.m. Saturday, May 28, 1988, at St. Anthony's Medical Center, Kirkwood, Mo.

Born on May 21, 1901, in Scottsbluff, Pa., Mrs. Byrne resided in Troy for the last 18 years, moving there from Granite City. She was a homemaker.

Mrs. Byrne was a member of St. John the Baptist Catholic Church, Black Jack, Ill., a charter member of both the Daughters of Isabella and the Jarvis Township Senior Citizens; Fatima Circle 835; and the St. John the Baptist Catholic Church Altar Society.

She was preceded in death by

her husband, Regis Byrne, in 1967; her parents, Joseph and Elizabeth (Hugo) Gush; five brothers; and a grandson, Kenneth Shevick.

Mrs. Byrne is survived by a son, Thomas Byrne, Troy; two daughters, Mrs. Richard (Betty) Shevick, Troy, and Mrs. P. Joseph (Mary) Simons, DeKalb; a sister, Mrs. Eva Snyder, Monessen, Pa.; nine grandchildren and seven great-grandchildren.

Visitation took place Tuesday evening at Laughlin Funeral Home, Troy, where a rosary was held at 7 p.m. Tuesday. Funeral services will be held at 10 a.m. today (Wednesday) at St. John the Baptist Catholic Church, Black Jack, the Rev. Donald Knuffman officiating. Burial will be at Calvary Cemetery, Glen Carbon. Memorials may be sent to the Jarvis Township Senior Citizens or St. John the Baptist Catholic Church.

Gann

Vicki Lynn Gann, 19, 3033 Marshall Ave., was pronounced dead at 4:43 p.m. Sunday, May 29, 1988, in the emergency room of the Scott Air Force Base Medical Center, near Belleville, following an automobile accident.

A related article appears elsewhere in this issue.

Born May 19, 1969, in Granite City, Miss Gann resided here all of her life. She attended Granite City schools and was employed for the last three months as a cashier by Jack in the Box Restaurants.

She was a member of St. Margaret Mary Catholic Church.

She is survived by her parents, Melvin Gann and Shirley (Cantebury) Gann, both of Granite City; a brother, Thomas Gann, Granite City; and grandparents, Mrs. Eva Cantebury, Corning, Ark., and William Thomas, Glen Carbon.

She was preceded in death by a sister, Cheryl.

Funeral services will be held at 10 a.m. Thursday at St. Margaret Mary Catholic Church, 1900 St. Clair Ave., the Rev. Don Mahling officiating. Visitation will begin at 3 p.m. today (Wednesday) at Mercer Mortuary, 1416

Niedringhaus Ave., where a wake service will be held at 7 p.m. Wednesday. Burial will be at Calvary Cemetery, Edwardsville.

Kendall

Mary Margaret Kendall, 90, Lawrenceville, Ill., formerly of Granite City, died at 5:25 p.m. Saturday, May 28, 1988, at Lawrence County Memorial Hospital, Lawrenceville.

Services were held Tuesday at the United Methodist Village Chapel, with the Rev. Gale Barkalow officiating.

LaCroix

Glenn A. LaCroix, 61, Granite City, died at 2:20 p.m. Sunday, May 29, 1988, at Scott Air Force Base Hospital, Shiloh Township, of cancer.

Born in Advance, Mo., he resided in Granite City for eight years. He was an engineer in the Navy for 20 years.

He was a member of St. John's Lutheran Church and the Fleet Reserve, a member at large of Amvets Post 51.

He was preceded in death by a son, Glenn Keith LaCroix, Sept. 20, 1982.

Survivors are his wife, Suzanne (Karleick) LaCroix; a son, Jeffrey LaCroix, Summerville, S.C.; a daughter, Susan LaCroix, Granite City; his mother, Mrs. Dewey LaCroix, Cape Girardeau, Mo.; three brothers, James LaCroix, Goosook, Mo., Bernard LaCroix, Houston, Texas, and Paul LaCroix, Arkansas; and three sisters, Mrs. Delbert (Janita) Masterson, Cape Girardeau, Mrs. Ronald (Dorothy) Strange, Mississippi, and Mrs. Peter (Lillian) Carroll, Florida.

His remains were donated to St. Louis University Medical School. A pending memorial service will be held at Werner Chapel for Funeral, 797-1088. Memorials are requested for the St. John's Lutheran Church Organ Fund.

George Scrum

George Scrum, 69, 3048 Iowa St., died at 8:21 p.m. Monday, May 30, 1988, at St. Elizabeth Medical Center, where he had been hospitalized for two days.

Born Aug. 17, 1918, in East St. Louis, Mr. Scrum resided in Madison and Granite City all his life. He retired in 1973 from General Steel Castings, Granite City, where he worked for 32 years in the heat-treating department. After his retirement, he worked for Huebner Hardware for 10 years.

Mr. Scrum was a member of First Baptist Church, where he was an usher. He was an Army veteran of World War II.

He is survived by his wife, Elizabeth (Graham) Scrum, whom he married June 3, 1961; three brothers, Theodore Scrum, Granite City, Vincent Scrum, Madison, and Walter Scrum, Mitchell; and one sister, Ann Scrum, Madison.

Funeral services will be held at

11 a.m. today (Wednesday) at First Baptist Church, 21st Street and Delmar Ave., with the Rev. Ivan Schoen officiating. Burial will be at Sunset Hill Cemetery, Edwardsville. Visitation was held earlier at 4 p.m. Tuesday at Irwin Chapel for Funerals, 2801 Madison Ave. Memorials are requested for First Baptist Church.

McDonald

Sandra Susan (Smith) McDonald, 37, Madison, was pronounced dead in the Emergency Room of St. Elizabeth Medical Center at 4:12 a.m. Tuesday, May 31, 1988, after suffering a shotgun wound to the chest. A related article appears elsewhere in today's issue.

She was born Sept. 25, 1950, and had lived in the Quad City area her entire life. She was a housewife and was the mother of two sons.

Surviving are her husband, Michael McDonald; one son, Clayton Nowicki, Collinsville; one daughter, Stacy Nowicki, Collinsville; and one brother, Charles Smith Jr., Granite City.

Funeral arrangements were pending at Mercer Mortuary, 1416 Niedringhaus Ave., where 876-4321 may be called for further details.

Burt Waltenberger

Burt W. Waltenberger, 57, Granite City, died at 10:45 a.m. Saturday, May 28, 1988, at St. Elizabeth Medical Center after a sudden illness.

Born in Karlsruhe, Germany, he resided in the Quad Cities for 30 years. He was employed for 31 years at Anheuser-Busch Cos., where he was supervisor of the Flavor Panel Technical Center.

Mr. Waltenberger was a member of Sacred Heart Catholic Church. He was a national vice president of the Greater Beneficial Union of Pittsburgh, and a member of the Master Brewers Association of America.

He was preceded in death on March 3, 1981, by his wife, Cecelia (Pink) Waltenberger, and by a brother, Rudolph Waltenberger.

He is survived by two sons, Eric W. Waltenberger, Granite City, and Paul Waltenberger, Granite City; two daughters, Mrs. Gene (Lisa) Mauer, St. Louis, and Mrs. Paul (Diane) Zimmer, Edwardsville; and two brothers, Gene Waltenberger, St. Louis, and Werner Waltenberger, West Germany.

Funeral services were held Tuesday from Thomas Memorial Mortuary, 2205 Pontoon Road, to Sacred Heart Catholic Church, with the Rev. William Fisher officiating. Burial was at Calvary Cemetery, Edwardsville. Memorials are requested for the Scholarship Fund of the Greater Beneficial Union of Pittsburgh.

We're Sorry!

In this week's Sale circular, we advertised ladies' activewear on page 3 for \$6.99-7.99, sale 2 for \$11. Due to high customer demand, the merchandise will not be available in sufficient quantities. Rain checks can not be given.

On page 12 we advertised a Panasonic tone/pulse switchable cordless phone (Model KXT3805) reg. 79.99, sale 69.99. Due to manufacturer's inability to provide sufficient quantities, the merchandise will be in short supply. Rainchecks will be issued on a substitute Panasonic model (Model 3807) with similar features.

We regret any inconvenience this may cause you.

Welfare said to create poverty

Comment by Thomas West
New Federalist Papers

Congress is considering at least three separate welfare reform proposals, giving some indication of the widespread discontent that exists concerning American welfare policy.

To be blunt, today's welfare programs don't work. Worse, they create poverty. The proportion of poor today is actually greater than in 1960—despite the fact that welfare benefits have increased 600 percent since then.

The problem, then, is not a lack of generosity or compassion as is so often charged. The government makes available fantastic benefits to the poor. It makes these benefits available regardless of ability to work.

But these policies unintentionally, it is true—doom many of their beneficiaries to poverty. They become trapped in a condition of dependence.

Simply by qualifying as poor, for instance, an unmarried woman can acquire the cash equivalent of over \$20,000 a year in benefits. Very few entry-level jobs in our society offer this kind of wealth.

No wonder so many irresponsible teenage girls take advantage of it. No wonder so many poor children, innocent victims of their mothers' self-indulgence, are trapped in the cycle of poverty, dependency, crime and degradation.

The Lord's Prayer says, "Lead us not into temptation." But our misguided policies, mistaking money for compassion, lead generations of foolish young girls into temptation every day by promising them thousands of dollars if only they bear children without husbands, and if only they give up mastery over their own lives and turn them over to the state.

The result: The ranks of the unmarried poor increase yearly. Over half of the black children born in America today are illegitimate. Every year the number grows. The War on Poverty suffers defeat after defeat as a direct consequence of government generosity with taxpayers' money.

Politicians respond to these harsh realities with vague denunciations of the welfare quagmire or with ever more sophisticated programs costing ever so much more money.

The one thing no one is willing to propose is the obvious: Go back to what used to work before we "fixed" it in the 1960s. Go back, in short, to the limited government, local-control and free enterprise mandated by the Constitution.

The most successful poverty program in history existed in this country from 1776 to 1963. Two hundred years ago most Americans were desperately poor by today's standards. By the 1960s most were middle class. Meanwhile, most of the rest of the world remained as desperately poor in 1965 as in 1776.

The recipe for America's 189-year-long poverty program was simple: free markets and opportunity for all who could work, strong governmental support for local communities, and support in local communities for the poor who were unable to work. All provided by a Constitution that guaranteed property rights and left charitable endeavors firmly in the control of private foundations and local governments.

Poor people become unpoor when their work is rewarded by income. In the middle ages a serf might have worked hard all his life, but the wealth he produced often went into the hands of a wealthy landowner. But in America—particularly after the abolition of slavery—all men had the right to keep what they earned.

Abraham Lincoln once explained it this way: "The prudent, penniless beginner... labors for wages a while, saves a surplus with which to buy tools or land, or hires himself on his own account another while, and at length hires another new beginner to help him." This system "gives hope to all, and energy, and progress, and improvement of condition to all."

In a nutshell, that is how poverty was conquered for millions of Americans, the vast majority, over 200-year period: freedom, opportunity, and hard work. This did not mean that earlier Americans were "social darwinists," indifferent to the plight of the few who, through no fault of their own, could not work or had no family to care for them. From the earliest colonial days, local governments took full responsibility for their poor. The old or sick without families were typically lodged in private

homes whose owners were given a small government subsidy to support their needy boarders. But one thing was always clear. No able-bodied man or woman was supported by the taxpayers unless that person worked, if necessary in enterprises run by the government. Only those too old or sick to work were taken care of in idleness. Their basic bodily needs were supplied—but certainly not to the tune of \$20,000 per year.

In addition to this minimal support from government, voluntary charities—often church-based, provided further benefits.

Hospitals for the poor, educational institutions, alms of all sorts—these were made available all over America by the public-spirited impulses of individuals.

When the Frenchman Alexis de Tocqueville visited this country in 1835, he was astounded at the number and variety of voluntary associations, all promoted and staffed by volunteers in local communities.

Underlying both public and private philanthropy in early America was an acute awareness of the way that welfare programs can promote poverty, rather than hinder it. Benjamin Franklin once said, "I am doing good to the poor, but I differ in opinion of the means. I think the best way of doing good to the poor, is not making them easy in poverty, but leading or driving them out of it."

Franklin went on to explain that as he had traveled to different countries, he had discovered "that the best way of doing good to the poor, the less they provided for themselves, and of course became poorer. And, on the contrary, the less was done for them, the more they did for themselves, and became richer."

So it was that America combined the spirit of voluntary charity with the expectation of and opportunity for productive work.

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Regional

Release of Illinois-born man sought in Moscow

By Cabell Bruce
P-RJ Washington bureau

WASHINGTON — During the Moscow summit meeting, President Reagan will meet with Abe Stolar, the Chicago-born American who has waged an unrelenting campaign to leave the Soviet Union, according to White House and State Department officials.

Reagan, who raised the issue with Soviet General Secretary Mikhail Gorbachev during the past three summits with the Soviet leader, will again press for his release, according to Daniel Grossman, a human rights officer in the Office of Soviet Union Affairs at the State Department.

"We're very pleased because we think it's important that the President demonstrate personal interest in the lives of Jews," said Warren Eisenberg, director of the International Council of B'nai B'rith.

Grossman said Reagan also will ask Gorbachev to release 14 other Americans who emigrated to the U.S.S.R. in the 1930s.

"Stolar is the most prominent

case," Grossman said. The identities and birthplaces of the 14 other Americans were not available, Grossman said.

Stolar, who was born in Humble Park, on Chicago's west side, in 1911, emigrated to the Soviet Union with his Russian-born parents and his American-born sister in 1931 after his parents became disenchanted with the United States during the Depression.

"They thought they were going back to paradise because they thought the Bolshevik revolution was the be-all and end-all," said Pamela Huey, a spokeswoman for U.S. Sen. Paul Simon, D-Ill.

Stolar's father, Moshe, disappeared during the Stalinist purges in 1936 and his mother and sister were arrested and sent to Siberia, where they died in a concentration camp, Grossman said.

Shortly before the 1985 summit, after years of diplomatic wrangling, the Soviets gave Stolar permission to leave with his wife and son, but not with his grandson and daughter-in-law, Grossman said.

Stolar refused to leave without his entire family, Grossman said.

The Soviets have refused Stolar's grandson and daughter-in-law permission to leave Russia because the daughter-in-law's mother has not agreed to let her daughter leave — on the grounds that she owes her (the mother) money, Grossman said.

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McNary urges higher fares

By Buck Collier
Staff affiliate

ST. LOUIS — Bus fare increases proposed by the Bi-State Development Agency are not large enough to provide adequate revenue, and riders should bear more of the service's real cost, said St. Louis County Executive Gene McNary.

Commenting on the proposed increases at the May 25 meeting of the East-West Gateway Coordinating Council's board of directors, McNary hinted that county officials might reconsider the amount of tax money the county allocates for bus service.

"St. Louis County is not going to carry the entire region," McNary warned.

A Bi-State study conducted at the request of the county showed the county provided \$6 million more in tax money last year than county residents received in bus service.

McNary's comments came during a presentation by Bi-State Executive Director Raleigh D'Adamo of the agency's proposed fare increases.

Public hearings on the increases were held Wednesday and Thursday nights in St. Louis city and county and in Metro East.

The increases, ranging from a nickel for some riders to \$8 for certain monthly passers, are targeted for implementation effective July 1.

McNary said a larger increase is needed to allow the bus system to shoulder more of the operating cost.

"The fare box is going to have to service" the system, McNary said. He argued that the tax subsidy provided by the county is out of line with local subsidies provided to transit systems in other cities.

St. Louis County provides about \$30 million a year to Bi-State while the City of St. Louis City provides about \$17 million. Madison and St. Clair counties in Illinois pay only for the bus service their residents use.

The results of the Bi-State study have become a point of contention for county officials, who were scheduled to meet with Bi-State administrators to discuss the matter.

The last increase in bus fares was in 1982. D'Adamo said McNary said the amount of time between increases was "indefensible."

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Made no racist remark—Michel

By PAJ Washington bureau

WASHINGTON — House Minority Leader Robert H. Michel, facing criticism from liberal groups that he made a racist remark, declined to apologize May 20, claiming his comments were reported out of context in the *Washington Post*.

Michel, who has served on Capitol Hill for 31 years, came under attack by People for the American Way and his Democratic congressional opponent, Douglas Stephens, for allegedly being insensitive to minorities.

But the Peoria congressman said it was all a mistake, a quote taken out of context first by *Post* reporter Paul Taylor and later by his critics who read the article.

In an article May 19 which discussed how Vice President George Bush, the GOP presidential candidate, is losing ground in polls that compare his campaign to that of Massachusetts Democratic Gov. Michael Dukakis, Michel was asked to assess the situation.

According to a transcript, Michel said that the Republican race was wrapped up while the Democrats still were scrambling.

"You can say, well, Dukakis has got it and Jackson is incidental but he can't be incidental. I mean he's running second and the Democrats have got to deal with that, that problem at their convention," Michel said, according to a typewritten account of the transcript provided by the congressman's staff. "It'll be surprising I think to some people when they look at that Democratic convention out there and see one third blacks in that composition of delegates."

But the *Post* account only used the second segment of the quote, deep in a 30-inch account.

Michel's failure to retract the remarks prompted a sharp comment from Stephens, a Peoria attorney who has won the Democratic nomination in the 18th District.

"I am disturbed but not surprised by Mr. Michel's lack of sensitivity," Stephens said. "To say that the presence of minorities at the Democratic National Convention would help George Bush is ridiculous. The kind of attitude has been far too prevalent over the last eight years."

Stephens' reaction echoed that of People for the American Way, an influential civil rights lobby in Washington. The group's president, Arthur J. Kropp, who wrote Michel seeking an apology, said in a telephone interview that the congressman's comments were "racially insensitive." Later in the interview, he said, "I don't think he is a racist."

Michel's statement said, "I want to make absolutely sure that my comments cannot be misrepresented or exploited by those who await the opportunity to make racism a campaign issue."

"It seemed the best route to take was to clarify the statement," said Michel press secretary Johanna Schneider of the press release and the two-page partial transcript. "He has been in public service for 32 years and no one has questioned his integrity."

"I regret that the manner in which the quotation was used caused readers to misconstrue my remarks," Michel said, emphasizing that the Democratic convention was going to be divided because of the pull to Jackson in the primaries.

Taylor was unavailable for comment.

Michel said his point has been that Jackson's strong showing in the primaries denied the Democrats the same sense of unity that the Republicans have going into their convention to nominate Bush.

"Jesse Jackson is a force to be reckoned with," Michel said. "That fact will become evident at their convention. That is what I said. That is what I meant. I stand by it."

Kropp said that although his group, which claims 270,000 members, would let the issue die, he said he considered Michel's explanation less than satisfactory.

"The clarification was misguided," Kropp said. "I don't think he should have tried to jump through hoops to say he meant something else."

Michel aide Schneider said she is uncertain of the fallout of the controversy. She said Michel wrote Taylor to ask about his reporting, but Michel had no plans to ask *Post* officials to publish a correction.

"Because the quote was accurate, it would be difficult to ask them to issue a correction," Schneider said.

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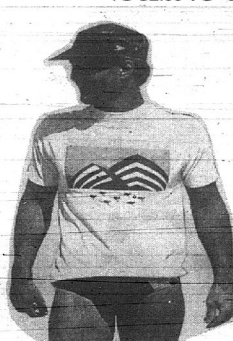
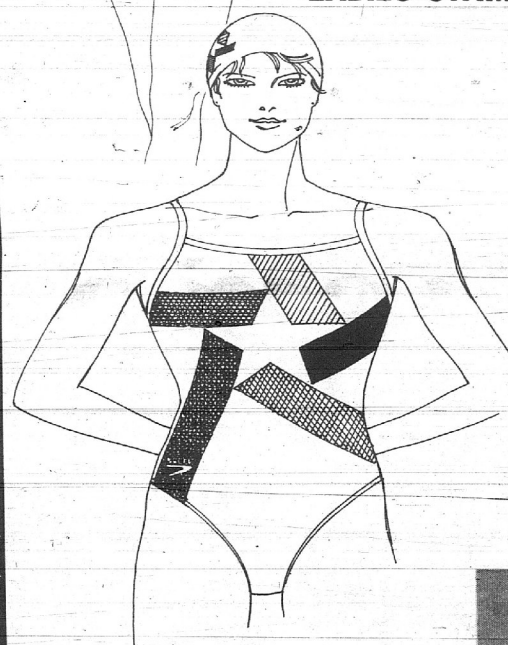
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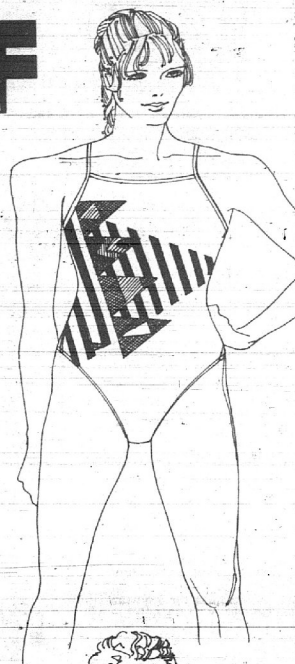
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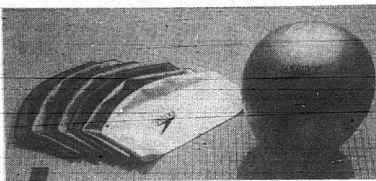
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Health care

Hearings set on handicapped preschoolers

A preschool grants application for funding to provide services to 3-, 4- and 5-year-old handicapped children for school years 1988-89 and 1989-90 will be the subject at public hearings June 10 in Springfield, June 21 in Mount Vernon and July 7 in Chicago.

This federal grant program, which is provided under Section 619 of Education of the Handicapped Act, will provide about \$7.8 million to the state during the next fiscal year toward the cost of services for preschoolers with handicaps and their families.

Under the preschool grants program, school districts will receive funds to provide direct and support services to handicapped children aged 3-5, identified in accord with Public Law 94-142 eligibility criteria, and their families and to promote a coordinated, interagency, state-wide service delivery system for these children and their families.

Copies of the grant application are available for public review and comment at each of the 11 regional special education service centers throughout the state and at the State Education Board's three offices — 100 N. First St., Springfield; State of Illinois Center, 100 W. Randolph St., Chicago; and 123 S. 10th St., Suite 214, Mount Vernon.

Persons unable to attend a hearing may mail their testimony by July 15 to Sandra Crews, Department of Special Education, State Board of Education, 100 N. First St., Springfield 62777-0001.

The hearings will be held from 10 a.m. to 2 p.m. as follows: June 10 — State Board of Education Office, Auditorium B, second floor, 100 N. First St., Springfield.

June 21 — Ramada Inn, Salon A and B, Mount Vernon.

July 7 — State of Illinois Center, Room 9040 (9th floor), 100 W. Randolph, Chicago.

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Snack foods shifting to low-fat oil

By Edward T. Hearn
P-R/J Washington bureau

WASHINGTON — Mississippi farmer Jennings Cox, who grows soybeans on his 3,000-acre Columbus farm, was on center stage April 29 as he announced the results of a recent survey showing some American food makers are increasing their use of low-fat soybean oil.

Cox, vice president of the 26,000-member American Soybean Association based in St. Louis, disclosed the findings during a morning press conference at the National Press Club.

He said the survey's chief finding was that a 4 percent increase in demand for soybean oil during 1987 was largely in response to growing consumer requests for more low-fat oils in food.

The survey found, for example, that Archway (cookies), Nabisco (crackers and cookies) and Frito Lay (chips) were among the companies which have all but abandoned highly saturated oils for unsaturated soybean oil.

"We are pleased the survey shows positive changes beginning to take place regarding the use of unsaturated vegetable oil," said Cox, a soybean grower for more than 30 years.

He said the shift would help the country's soybean growers, who produced 2.67 billion bushels in 1986, and people who are trying to cut back on cholesterol, a fatty substance that can lead to heart disease.

Nancy Chapman, a registered dietitian in Washington who helped conduct the survey, said palm, palm kernel, and coconut oil were among the high-saturated fats that food producers have been replacing with low-fat soybean oil.

Cox said the makers of snack foods like crackers and popcorn have shown the most progress in shifting away from highly saturated fats that contribute to increasing blood cholesterol levels.

According to the George Washington University Medical Center's Lipid Research Clinic, people with blood cholesterol of more than 200 mg/dl (milligrams per deciliter) should consult a physician for further blood testing and dietary advice.

The survey showed, for example, that in the last year Sun-shine and Nabisco have eliminated palm oil, a saturated vegetable oil largely imported from Malaysia, from, respectively, their graham and saltine crackers.

Many makers of cookies, potato chips, and bread products last year also replaced saturated oils with unsaturated soybean oil, Cox said.

"Now there are products of every nature that are low in saturated fats," Cox said.

The survey results were based on a review of 2,500 products in supermarkets in Minnesota and Washington. The soybean association conducted the same survey in 1987, Cox said.

The survey also disclosed problems with the naming of ingredients on labels. For example, fried chicken labels that read "fried in vegetable oil" sometimes failed to mention which oil — saturated palm oil or unsaturated soybean oil —

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High-tech affecting hospital care costs

CARBONDALE — Region 4 members of the Illinois Hospital Association (IHA) on April 29 hosted 255 hospital administrators, physicians, trustees and guests for the region's 11th annual CEO/Medical Staff/Trustee Conference, held at the Missouri Athletic Club in St. Louis. Fifteen businesses co-sponsored the conference.

Featured speaker was Robert L. Kane, M.D., dean of the

School of Public Health, University at Minnesota, Minneapolis. Kane, called on hospitals and medical staff to look at problems afresh and provide new approaches that use available information in problem-solving modes, rather than adopting defensive postures.

He said: "Public expectations create a demand for increasing technology at the same time that concerns are expressed about

cost of care.

"Health is now seen as less of a social service and more of a business. As it becomes a business, it is increasingly suspect. Quality is talked about," he said, "but concerns seem more centered on cost controls."

Kane said the hospital industry is beginning to recognize that major differences exist between a social contract, which is directed to meeting the needs of

a group and, simply, marketing services.

"By comparison, the chief executive of a major automobile manufacturer is paid not to meet the transportation needs of America but, rather, to sell a large number of cars," he said.

Representatives of 19 hospitals from throughout southern Illinois and metropolitan St. Louis attended the conference.

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Computer use calls for close watch on eye care

When used for lengthy periods of time, home computers can put as much stress on the eyes as the office types, says Dr. Larry D. Snider of the Missouri Optometric Association.

In addition to seeking eye care regularly, home computer users can help their eyes by taking a five to 15-minute break every hour or two; eliminating glare from windows and lights; reducing room lighting; using adjustable furniture; and placing reference material next to the screen to avoid frequent eye and head movements and focusing changes.

Computer-related eyestrain

symptoms include headaches, blurred vision, itching/burning eyes, eye fatigue and flickering sensations. Studies have traced some problems that were formerly present but were not bothersome to improper working environments. In some cases, a minor vision problem that does not interfere with normal seeing tasks, will show up under the stress of staring at a computer screen for hours at a time.

Annual eye examinations are recommended for people who use computers at home or at work. Sometimes, glasses with a mild prescription are needed to reduce stress when using a com-

puter. For those who already wear glasses, it may be neces-

sary to have a specially designed pair for computer use.

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Parents will drop their children off at the "Y" at 8:00 a.m. and pick them up at 5:00 p.m. In the meantime, your child will discover a whole new world of fun, adventure and learning.

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Week IV—June 27-July 1	6/30 Waterslide (\$4)
Week V—July 4-8	7/7 Science Center/Forest Park (\$2)
Week VI—July 11-15	7/13 St. Elizabeth Medical Center/Wilson Park
Week VII—July 18-22	7/20 Cardinals vs Dodgers (Free)
Week VIII—July 25-29	7/28 Anheuser Busch Brewery (Free)
Week IX—Aug. 1-5	8/4 Six Flags (\$12)
Week X—Aug. 8-12	8/11 Waterslide (\$4)

(A slight fee, as indicated, will be charged to gain admission on some trips.) Children should bring a sack lunch. Every child who attends will be invited to Cardinal Baseball game vs. Expos Sept. 6.

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Outreach service director appointed

James C. Gwyn, son of James Gwyn of Webster Groves, has been appointed administrator of Parkview Hospital's outreach services and Family HealthCare Centers, Toledo, Ohio, according to B.A. Zeiber, president/chief executive officer.

Gwyn is married to Carole Gwyn, daughter of Mr. and Mrs. Frank Wondra, Granite City. Gwyn, who has served as the hospital's chief operating officer since August 1986, will now be responsible for managing Parkview's growing network of Family HealthCare Centers and other outreach services.

"This management reorganization reflects the priority placed upon the continuing development of Parkview's Healthcare network," Zeiber said.

A member of the American College of Healthcare Executives, Gwyn previously was an assistant administrator with Normandy Osteopathic Hospital/South, a 167-bed teaching facility in St. Louis, and has also held administrative positions with the St. Louis Department of Health and Hospitals and the



James C. Gwyn

Missouri Pacific Employees' Hospital Association.

He received a master's degree in healthcare administration from Washington University of St. Louis, and served his administrative residency with Emma L. Bixby Hospital, Adrian, Mich.

Gwyn, his wife, Carole, and their two sons, James and David, reside in Sylvania, Ohio.

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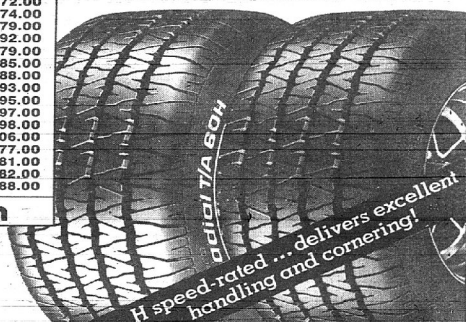
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Message for adults clear: Take control of cholesterol

Correspondent Controlling cholesterol has become a national health priority. In the past year, the National Cholesterol Education Program (NCEP), sponsored by the National Institutes of Health, the American Heart Association, and a number of other health organizations, has established guidelines for diagnosing and treating elevated levels of cholesterol in the blood.

The message from the NCEP is loud and clear: All adults should have their cholesterol levels tested and if those levels exceed 200, they should consult a physician in order to take steps

to control or reduce the amount of cholesterol in their blood.

Never before have cholesterol screenings been so accessible. Having the test simply entails making an appointment with your family physician or taking advantage of hospital-sponsored cholesterol screenings that are often held throughout the metropolitan area.

A quick finger-prick blood test is all that is involved. Analysis is done on the spot by a Redifon machine, which gives a reading in about three minutes. Only if cholesterol levels are elevated above 200 are follow-up

tests and treatments recommended.

What is the best treatment for reducing elevated cholesterol levels? In most cases, modifying eating patterns is the preferred approach, even though impressive advances in drug treatment have been made in the past few decades, says Dr. Jerome Cohen, cardiologist, Preventive Cardiology Programs, St. Louis University Medical Center. Though popping a pill may seem easier than changing eating habits, people should not look to medication as a cure-all for high cholesterol, Cohen says.

"Drugs are not a substitute for diet," he cautions. "I've had patients who take extra cholesterol pills because they've engorged themselves with something they shouldn't have eaten."

If that were to become pervasive, I think it would be a disaster because drugs have side effects. And some of these drugs are so new that we don't even know what the side effects are long term."

Only when diet fails or cholesterol levels are dangerously high is drug intervention considered.

Many cases of moderate and moderately elevated cholesterol levels can be treated through diet," says Dr. Anne Goldberg, Lipid Research Center, Washington University Medical Center.

"However, there are going to be a fair number of people who do not have an adequate response to diet. They may only get a 10 to 20 percent decrease of cholesterol levels and if they start out at extremely high levels, that won't be enough. For those people, drug therapy in conjunction with diet is useful."

Although many people balk at the idea of changing the way they eat, reducing cholesterol does not have to upend anyone's

life, say health specialists from St. Louis University's Preventive Cardiology Programs. In fact, they make it their business to change eating patterns as painlessly as possible. Their key: making gradual lifestyle changes for their patients, generally starting by reducing saturated (animal) fat and the amount of cholesterol containing foods in their patients' diets.

With programs like these, and the amount of information available, it's hard to come up with many excuses not to control cholesterol.

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Around the kitchen

Italians love foods flavored with sun-drenched health

Not to be outtrived by trend-setting Italian fashion and design, Italian food is also very much in the news today. Italian food can taste good, as well as be good for a body.

For thousands of years, the Italian diet, like others in the Mediterranean area, has been dependent on what experts are finding are extremely healthy foods — pasta, fresh seafood, voluptuous sun-ripened tomatoes, fresh fruits, vegetables and herbs, peasant breads and liberal amounts of Italian olive oil.

As a result, Italians, as well as the other Mediterranean peoples, have thrived, having less heart disease and cancer than cultures whose diets include far more saturated fats.

Heap a helping of this Italian fare. Avocado Appetizer is a nifty way to share an avocado Italian-style. Rosemary, sage, lemon juice and olive oil make chicken into a delightful occasion. The Indianapolis 500 will bring reminders of cosmopolitan flavors when Quick Spaghetti Grand Prix is on the menu.

In Italy olive oil is a prince of condiments. Like fine wines, it should be selected to complement the foods it is used to prepare. The best cooks know that olive oil does not cover the taste of good food, but enhances it.

The Italian Trade Commission has prepared a 16-page booklet entitled, "Olive Oil From Italy — The Natural Tastemaker." Filled with delicious and nutritious recipes and tips, the booklet is a great guide for home cooks and gourmets alike. For a free copy, write to: Olive Oil From Italy Recipes, Italian Trade Commission, 499 Park Ave., New York, N.Y. 10022.

Mediterranean roast chicken

- 1 roasted chicken, about 4 lb. (save giblets for other use)
- 1 tsp. dried rosemary, crushed
- 1 tsp. sage
- 1 tsp. salt
- 1 tsp. freshly ground pepper
- 1/2 cup fresh lemon juice
- 1 cup olive oil

Wash chicken, pull off all fat that can be removed and drain well. Place, breast-side up, on

large piece of heavy duty foil in baking dish or roasting pan.

Combine rosemary, sage, salt and pepper. Season cavity of bird with half the mixture, saving rest to season outside.

Mix lemon juice and olive oil. Spoon 2 tablespoons inside cavity. Pour remainder over bird. Sprinkle with remaining herb mixture.

Bring foil edges together. Fold over several times, closing tightly. Bake in 450° oven 1 hour.

Remove from oven. Reduce heat to 375°. Open foil wrapping, baste chicken with pan juices and return to oven to brown to golden color and finish roasting, about 15 to 30 minutes.

Test poultry for doneness. It should be well done, the flesh no longer pink and have an internal temperature of 185°. A fork also can be inserted with ease, so juices run clear at leg joint.

Remove to platter for serving. Makes 4 to 6 servings.

Quick spaghetti Grand Prix

- 2 large tomatoes, ripe but not soft
- 6 tsp. extra virgin olive oil
- 1 scallion (green onion), chopped
- 1 thin silver garlic, finely minced
- 1 tsp. chopped fresh parsley
- 1 tsp. chopped fresh basil
- 1/2 tsp. salt
- 1/2 tsp. finely chopped hot red pepper
- 1 lb. spaghetti, uncooked

Halve tomatoes. Gently squeeze out pulp and seeds. Cut in 1/2-inch dice.

Place diced tomatoes in small saucepan along with 2 tablespoons olive oil, scallion, garlic, parsley, basil, salt and red pepper.

Place spaghetti in rapidly boiling salted water. Cook until tender but still firm (al dente), about 10 to 12 minutes. Drain.

As spaghetti cooks, place sauce over very low heat and cook slowly.

As soon as sauce begins to boil, remove from heat and pour over drained spaghetti in serving bowl or platter. Season with remaining 4 tablespoons olive oil. Serve immediately. Makes 4 servings.

Avocado appetizer

- 4 avocados
- 1 egg yolk
- Juice of 1 lemon (about 4 tbsp.)
- 2 tsp. extra virgin olive oil
- 1/2 tsp. salt
- Pepper sauce

Cut each avocado in half and remove seed. Arrange in shallow dish or platter with cavities up. With small knife, make parallel slashes, about 1/4-inch deep and 1/2-inch apart, diagonally across avocado halves. Then repeat crosswise to make a crisscross pattern.

In small bowl, whisk or beat egg yolk until light and foamy. Gradually add lemon juice, olive oil, salt and a few drops pepper sauce.

Spoon sauce evenly among avocados, filling cavities. Cover with plastic wrap. Refrigerate about 30 minutes before serving. Makes 4 to 8 servings.

Cheddar soup with herbed croutons

- 8 slices French bread, cut 1/2 inch thick
- 1/2 cup butter
- 1 tsp. Italian seasoning
- 1 1/2 cups cheddar cheese spread
- 1/2 cup chopped celery
- 1/2 cup onion
- 1/2 cup flour
- 1 tsp. dry mustard
- 1/2 tsp. salt
- 1 tsp. pepper
- 3 cups milk
- 3 cups chicken broth
- 2 tsp. Worcestershire sauce

For croutons, butter both sides of bread using 1/2 cup butter. Place on baking sheet. Sprinkle with Italian seasoning. Bake at 400° until lightly browned, about 12 minutes. Turn over slices. Bake until browned, about 12 minutes longer. Cool. Cut into cubes.

For soup, melt 1/2 cup butter in large Dutch oven. Sauté celery and onion until tender, about 10 minutes.

Stir in flour, dry mustard, salt and pepper until smooth. Gradually add milk, broth and Worcestershire sauce. Bring to boil, stirring constantly. Continue warming and add cheese, stirring until cheese is melted.

Serve with croutons. Makes 8 servings.

Herb-sauced artichokes

- 6 medium artichokes
- 1/2 cup margarine
- 1 egg, beaten
- 2 tsp. vinegar
- 1 tsp. lemon juice
- 1 tsp. salt

- 1 tsp. sugar
- 1/2 tsp. marjoram leaves
- 1 garlic clove, minced

Rinse whole artichokes in cold water. Cut 1 inch from top. Cut off stem and tips of leaves. Place in boiling, salted water. Cook, covered, 35 to 45 minutes or until leaves can be removed easily.

Drain. Melt margarine in saucepan over low heat. Blend in egg, vinegar, lemon juice, salt, sugar, marjoram and garlic. Cook, stirring constantly, until thickened.

Serve over artichokes. Makes 6 servings.



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Time for luscious red strawberries

By Betty Serati
Microwave specialist

It's the season for almost everyone's favorite spring fruit, strawberries. Luscious, delicious, juicy strawberries are always a hit. Besides tasting great and being nutritious, they are a diet's treat, with only 55 calories per cup.

They can be eaten plain or as a shortcake topping, of course, but it is also a good idea to preserve their freshness for use as a topping in the months ahead. To many people, a cooked preserve does not have the flavor of just-picked strawberries, so an ideal way to preserve the freshness of the berries is with Microwave Freezer Strawberry Preserves. It is one of the easiest types of preserves to make, does not require special containers or processing, and extends the enjoyment of fresh strawberries for many months. In addition, using the microwave oven to cook the pectin mixture combines cooking ease with quick clean-up.

Combine 3 cups mashed strawberries with 2 tablespoons lemon juice and 3 cups (or less, if desired) sugar.

In a 2-cup glass measure, combine 1 (1½-ounce) package powdered pectin with ¼ cup water. Cook water and pectin in a microwave oven 2 to 2½ minutes on highest setting, or until mixture boils. Continue cooking one minute.

Combine pectin mixture with strawberries and stir well. Pour into freezer containers. Cover and let rest 24 hours at room temperature to set. Freeze to make about 2½ pints.

For a truly special treat that will draw raves, try this dessert that tops a micro-baked graham cracker crust with a creamy, cheesy layer of fresh strawberries and a fruity glaze.

Fresh strawberry cream supreme
Crust

½ cup butter
1½ cups fine graham cracker crumbs

¾ cup granulated sugar

In 1-quart glass bowl, heat butter on high 45 seconds or until melted. Stir in crumbs and sugar.

Press firmly and evenly against bottom of 2-quart oblong glass baking dish. Cook on high 1½ to 2 minutes.

Filling

1 pkg. (8 oz.) cream cheese
¼ cup confectioner's sugar
1 cup whipping cream
1½ qt. fresh strawberries
¾ cup granulated sugar
2 tsp. cornstarch
2 tsp. lemon juice
Red food coloring

In small glass mixing bowl, cook cream cheese at 50 percent power 1 minute, or until softened. Beat until light and fluffy, gradually adding confectioner's sugar.

Beat whipping cream until stiff. Gently blend into cream cheese mixture. Spread over

prepared cake.

Place whole strawberries over cream cheese mixture until bottom is covered. Chill.

Process any remaining strawberries in blender or food processor until smooth. Add water to make 1½ cups liquid.

In 1-quart glass bowl, combine granulated sugar and cornstarch. Gradually stir in strawberry liquid. Add lemon juice and food coloring. Cook on high, uncovered, 2 to 3 minutes, until mixture boils and thickens, stirring occasionally.

Cool to lukewarm. Spoon glaze over berries, coating evenly. Refrigerate until firm. Makes 12 servings.

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New mild-tasting tofu

If the sight of tofu in a recipe's list of ingredients or in the supermarket's dairy section is an automatic turn-off, stop just one minute. This low-fat, cheese-like food made from soybeans is a healthful protein source. It is versatile, easy to use and economical.

So why are people uncomfortable with tofu? Often the problem is reluctance to try a new taste and texture.

As with many other mild-flavored foods, tofu is best when it is dressed up. Tofu provides an excellent replacement for eggs, meat, cheese and fat-rich dairy foods in a variety of favorite recipes, from stir-fry to cheesecake.

Look for tofu in the refrigerated dairy section of a market, either vacuum-packed in plastic wrappings or water-packed in plastic tubs. For the freshest product, select tofu that is an even eggshell white and has a smooth surface. Avoid tofu that has a silmy surface or sour aroma.

Give tofu a fair chance. Try it in Tofu Ranchero or simply cubed in a salad, soup or omelet, or in another favorite recipe like lasagna.

Tofu and cheese both provide protein in this mildly spicy dish. While cheddar is a high-fat cheese, combining it with low-fat tofu keeps the fat content of the dish from being excessively high. For a spicier taste, increase the red pepper to ½ teaspoon. Top with a bit of low-fat yogurt for added flavor.

Tofu ranchero

1 tsp. olive oil
1 onion, chopped
1 or 2 cloves garlic, minced
1 medium green pepper, cut in

strips
1 tsp. turmeric
1 tsp. cumin
¼ tsp. crushed red pepper
1 lb. firm tofu, cut in 1 inch cubes
1 (16 oz.) can tomatoes
4 oz. sharp cheddar cheese, grated

In large frying pan or wok, saute onions and garlic in olive oil over medium heat. Cook until onion is very soft and translucent.

Add green pepper strips. Cook only until green pepper is bright green.

Reduce heat. Add turmeric, cumin and red pepper. Heat spices briefly to bring out their flavor.

Add tofu cubes. Stir gently to coat with spices. Add juice from tomatoes. Quarter tomatoes lengthwise, then add to pan. Bring mixture to boil. Turn down heat to simmer 15 to 20 minutes.

Add cheese to pan a few minutes before serving, heating it just enough to melt it.

Serve over brown rice.

Yields four (1-cup) servings, 270 calories and 12 gm. fat each.

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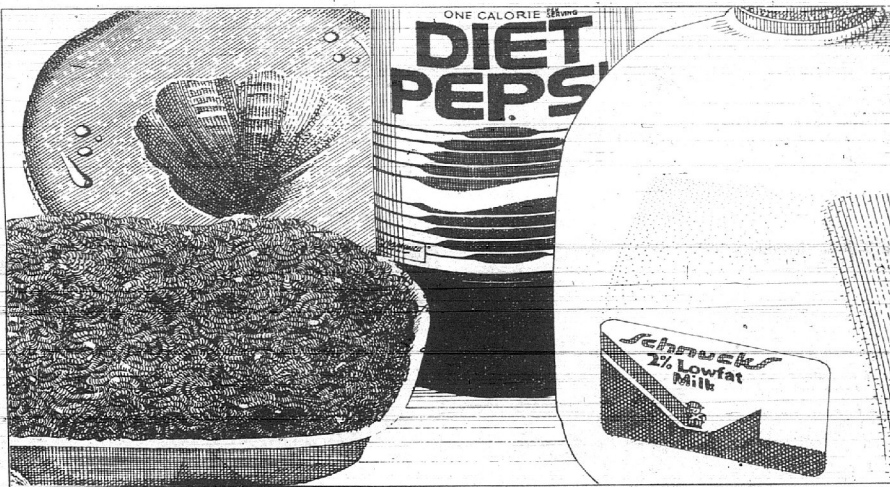
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Fast-cooking rices help make meals easy

By Janice Denham
Food editor

If rice sounds like a foreign food, listen again. Even in Missouri rice was planted on 77,000 acres last year, up 17 percent from the year before. Where the homemaker sees it though is on the supermarket shelf.

"There has been a tremendous explosion in the quick-cooking varieties of rice, and especially the blends," says Karen Babin, senior home economist with the Rice Council. "The cereal manufacturers are using rice more. Rice cakes are a big new food."

When she came through St. Louis last year, she promised that brown rice in a quick-cooking form soon would be on the market—and she was right. Brown rice, which is still wearing its bran layers, keeps increasing in usage.

Pre-cooked rice, which has increased with several new brands on the supermarket shelf, has been milled, cooked and then dehydrated. The result is a package of rice that is very light in weight because the water is removed and a food which is ready in a jiffy because it does not need to be cooked. The preparer needs only to recover the moisture and heat.

When Babin searches her crystal ball for predictions about rice this year, she suggests it will find a new slot. "Salad bars are beginning to put rice salads on their serving tables," she says. Mini rice cakes also are available in other cities, so they are bound to reach St. Louis soon. They can be used like other snack chips with toppings and dips.

Of course, economy is a traditional bonus for this "local" commodity, with a serving of plain rice costing about four cents. There is nothing easier to cook either. Babin says the easiest way to remember the preparation is by the old 1-2-1 method—1 cup regular rice, 2 cups liquid (water, broth, consommé or juice) and, if desired, 1 teaspoon salt and 1 tablespoon butter or margarine. This will make about 3 cups cooked rice.

She says she resisted using a microwave oven for cooking rice a long time because the stovetop method is so simple and the time is about the same, but now she is smitten with it. The oven's automatic stopping means there never is an opportunity for over-cooking.

Double-batching also is a good idea because rice that is well covered in the refrigerator does not absorb off-flavors and easily reheats with a couple table-spoons extra liquid. A conventional oven is an easy way to do this. It also is an efficient use of energy when other foods are baking. Simply combine the ingredients in a baking dish or pan, using boiling liquid. Stir, then cover tightly. Bake at 350° for 25 to 30 minutes, 30 to 40 minutes for par-boiled rice, 1 hour for brown rice. Two cups rice makes a generous amount of six cups cooked rice.

Newly popular rice cakes are

a crunchy, filling food that by themselves are slim in calories and sodium. For a quick dress-up, rice cakes take well to Mexican and Italian toppings.

For Mexican Rice Cakes, divide 1/4 cup refried beans, 1/4 cup pimiento sauce, 1/4 cup sliced jalapeno peppers and 1/2 cup shredded cheddar cheese over four cakes. For Pizza Rice Cakes, use 1/2 cup pizza sauce, 1/4 cup sliced ripe olives, 1/4 cup diced green pepper, 1/4 cup sliced mushrooms and 1/2 cup shredded mozzarella cheese. These can be baked at 400° for 10 minutes or cooked in a microwave 1 1/2 minutes, rotating after 1 minute, on high. Cooked either way, they should be served immediately. Each cake adds up to no more than 87 calories.

These ideas are among the variety available in a free brochure offered only through June. "Steve Garvey's All-Star Rice Recipes" is available with a self-addressed, stamped, business-size envelope by writing to: Rice Council, P.O. Box 740121, Houston, Texas 77274.

The home economists are always busy coming up with new ideas for rice, with rice salads, muffins and puddings among their recent efforts. One of their latest projects is a recipe brochure printed in large type and Braille. Every few years they change the offering. The new one is "Light and Easy" which contains 12 delicious recipes, many of them with instructions for cooking in a microwave. They are free from the above address. A stamped, self-addressed business-size envelope is requested for the regular edition of this booklet.

Especially designed for classroom use, a brochure about "The World's Most Versatile Food" can be ordered by teachers. A matching poster can be ordered as well.

Babin suggests that if all the recipes Rice Council offers does not keep people busy in the kitchen, they should have a Stir-Fry Party, letting everyone cook his own dinner from ingredients offered, then eating it on a bed of fluffy rice.

Rice is a dish many international cuisines embrace. Pepperoni Mushroom Pizza uses it as a crust for an Italian specialty.

Pepperoni mushroom pizza

- 1 1/2 cups cooked rice
- 1 egg, beaten
- 1/2 cup shredded cheddar cheese
- 1/2 cup tomato sauce
- 1/2 tsp. basil leaves
- 1/2 tsp. garlic powder
- 1 tsp. oregano
- 1 tbs. grated parmesan cheese
- 1 cup shredded mozzarella cheese

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RICE IS SO versatile that it can become the crust in a pepperoni pie with mushrooms. The rice can be cooked separately for this dish, used from leftovers or made as half of a double-batch with last night's entree.

- 2 oz. pepperoni, thinly sliced
- 1/2 cup sliced fresh mushrooms
- 1 tbs. snipped fresh parsley

Combine rice, egg and cheddar cheese. Press into buttered 12-inch pizza pan or 10-inch pie pan. Bake at 400° for 4 minutes.

Combine tomato sauce, basil, garlic powder and oregano. Spread over rice crust. Sprinkle with parmesan cheese.

Layer 1/2 cup mozzarella cheese, pepperoni and mushrooms on top. Top with remaining 1/2 cup mozzarella cheese and parsley. Bake at 400° for 8 to 10 minutes.

Makes 4 servings; 303 calories, 17.7 gm. protein, 17.8 gm. fat, 17.4 gm. carbohydrate, 691 mg. sodium, 111 mg. cholesterol each.

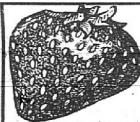
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Taco lasagna

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- 1 lb. ground beef
- 1 cup chopped onion
- 1 cup chopped green pepper
- 1 (16 oz.) jar spicy taco sauce
- 1 cup water
- 1 tsp. basil
- 1 tsp. pepper
- 2 cups chopped lettuce
- 1 cup chopped tomato
- 3 cups (12 oz.) shredded cheddar cheese

Cook lasagna according to package directions 10 minutes. Drain. Cool in single layer on waxed paper or foil to keep lasagna from sticking together.

In medium skillet, brown beef until almost done. Drain off excess

fat. Add onion and green pepper. Cook until onion is tender but not brown.

Stir in taco sauce, water and pepper. Simmer 5 minutes.

In 13-by-9-inch pan, pour ½ cup meat sauce and top with 3 lasagna pieces. Pour 1 cup meat sauce over lasagna. Sprinkle 1 cup lettuce, ½ cup tomato and 1 cup cheese in layers over sauce. Repeat layers beginning with lasagna. Top with remaining lasagna and meat sauce. Sprinkle with remaining cheese.

Cover with foil. Bake at 350° for 20 minutes. Remove foil. Bake 10 minutes or until hot and bubbly. Let stand 10 minutes before cutting.

Makes about 8 servings.

Turkey vegetable soup

- 1 tbsp. butter or margarine
- ½ cup chopped onion
- ½ cup chopped celery
- ½ cup sliced carrot
- 1 tsp. thyme
- 1 can (10½ oz.) chicken broth
- 1 soup can water
- 2 tbsp. dry barley
- 1 cup chopped, cooked turkey
- 1 tbsp. chopped parsley

In 2-quart saucepan, over medium heat, in hot butter cook onion, celery and carrot with thyme 2 minutes or until tender.

Stir in broth, water and barley. Reduce heat to low. Simmer 30 minutes, stirring occasionally.

Stir in turkey and parsley. Simmer 5 minutes longer.

Makes 3 cups or 2 servings, 230 calories each.

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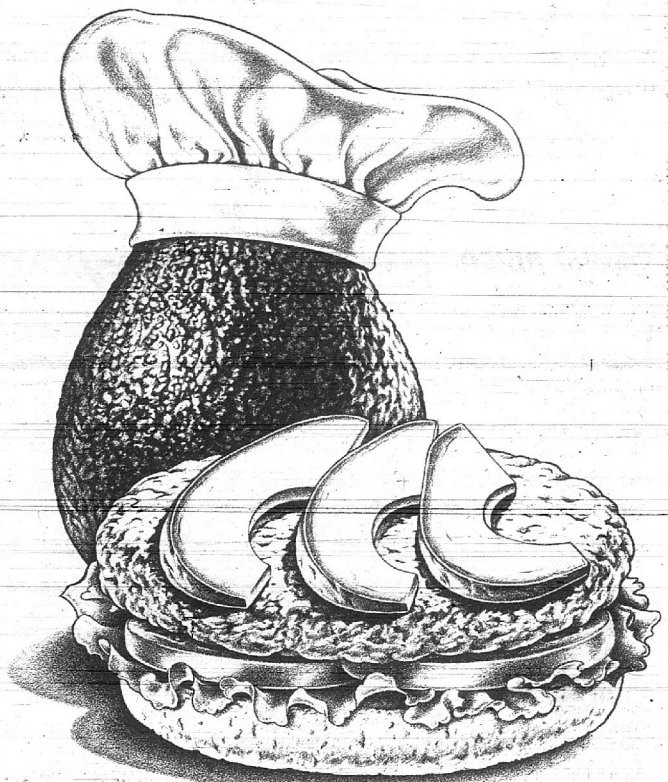
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Young man turned secret into a cavernous enterprise

By Pamela Seibert
Staff affiliate

Until 1933, Meramec Caverns, now considered one of the best-known tourist attractions in the region, was known only to local area residents.

For many years it was known as Saltpeter Cave because it was mined for saltpeter, a substance used in making gunpowder during the Civil War.

But the cave also had a much more romantic claim to fame. Jesse James and his gang hid out there once and eluded an awaiting sheriff's posse by slipping out a side entrance.

Lester Dill, who was born and raised in the area around Stanton, Mo. where the cave is located, dreamed all his young life of owning the cave, said Lester Turilli, Dill's grandson and the current owner of the cave.

Dill's father had owned another cave, Fisher Cave, and the boy escorted people through it with a lantern for the admission price of 25 cents, Turilli said, adding, "He (Dill) saw great possibilities for Saltpeter Cave."

Dill, who worked on construction projects in St. Louis, saw his dream become reality in 1933 when he purchased the cave and 500 acres of surrounding land for \$2,500.

"At that time there was no road in — he cleared it by hand — and it was generally believed that the cave ended at the big room we call the ball-room," Turilli said.

But Dill knew differently. As a youngster he had squeezed through a narrow space to what is now referred to as the third, fourth and fifth levels of the cave. There he discovered:

"An amazing 500-foot diameter stalagmite he later named 'The Giant.'"

"The magnificent 'Echo Room,' in which a 'crystal' lake reflects pendulous white onyx stalactites, and creamy

stalagmites rise from the water like perisopes.

"The 50-million-year-old 'Wine Room,' reached today by 58 steps, in which a stalagmite 'table' rises from the floor and holds 'glasses,' a 'bottle' and a romantic 'candle.'"

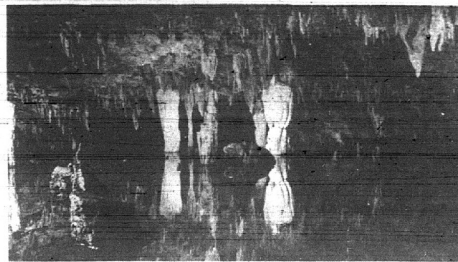
Thrilled by the knowledge of what lay inside the cave, Dill kept it to himself until the cave was his, whereupon he decided to open it to the public.

For two years, Dill, his wife and children lived in tents on the Meramec River bank just outside the cave, while they cleaned it, scraped out a parking lot, and generally made preparations for visitors, Turilli said.

"The cave opened to the public in 1935," he said, "and on that 4th of July, they had 11 visitors," Turilli said. "In the early days they might go on their own seeing a car. But they advertised in newspapers around the state, and as the years passed, the numbers of visitors grew dramatically. Today, mainly on weekends, the cave is advertised in all 50 states. Last 4th of July we had 3,000 visitors, and we're averaging 172,000 visitors a year now."

Another thing Dill did was to change the name of the cave. He renamed it the more melodious 'Meramec Caverns,' and, capitalizing on early lore, added 'Jesse James Hideout.' The James gang had eluded a posse, which determined to starve them out, an attempt that failed when the gang exited another way. History had not yet divulged how this was done until 1947.

That year, during a particularly dry summer, while working in the 'ballroom' of the cave, Dill felt strange air currents coming from behind the rocks, Turilli said. A diver sent into the water, which was substantially lowered by drought, came up on the far side of the cave's wall, and discovered the enormous back of



ECHO CAVE at Meramec Caverns offers tourist a stunning sight.



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GRANITE CITY, ILL. PARADE: Monday, May 30th at 7:30 p.m.
CIRCUS PERFORMANCES Tuesday, Wednesday, Thursday, May 31st, June 1st and 2nd, each evening, starting time 7:30 P.M. at Tri-City Speedway, Rt. 202.
BELLEVILLE, ILL. PARADE: Friday, June 3rd at 8:00 p.m.
CIRCUS PERFORMANCES at Belle-Claire Fairgrounds, Saturday and Sunday, June 4th and 5th, the same time for both days 2:30 P.M. and 7:30 P.M.

TICKETS may be purchased from a Shriner, or at the Gate prior to the performances. They are also available at all Metro East Schnucks Stores, Hock's Convenience Stores or any business displaying "Ainad Circus Tickets Available Here" sign. Tickets are also available at all Ticket Master locations or by calling Ticketmaster at 314-652-5000. Admission is only \$4.00 in advance for Adults, with two (2) kids under 12 admitted for the same price. Tickets at the gate are \$5.00. The Southern Illinois Shrine Circus is sponsored by the nearly 8,500 Nobles of Ainal Shrine Temple, and is for the benefit of Ainal Temple, and is a not-for-profit organization.

the cave. Here was the chamber now called the "Jesse James" room, in which was found an old strong box and old musket-loading guns.

"On the strong box, which was empty, was a lock bearing the letters 'D.M.' The James gang had robbed the Denver-Missouri Mining Co. before retreating to the cave," Turilli said. "They had swum a quarter of a mile in the four-foot river and exited the cave some 100 yards north of where the posse waited."

Tour guides take visitors into the cave every 20 minutes all day, for a 90-minute trip.

Meramec Caverns is open seven days a week, March through December. Summer hours are 8:30 a.m. until 7:30 p.m. From the St. Louis area, visitors should take Interstate I-44 west to Stanton. It's 48 miles from Interstate 270 and 44. Signs will lead the way. For more information, call 468-3166.

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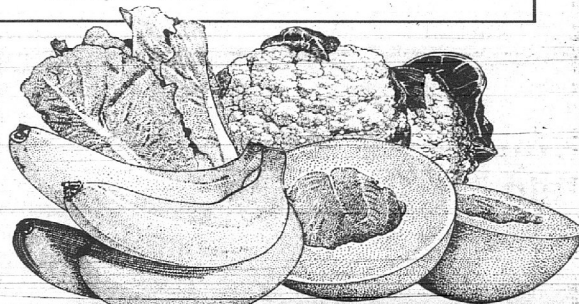


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Warrior girls, boys out in regional semis

Four unearned runs aid Eagles win | Pitching caves in as Panthers rally

By Dave Whaley
Executive sports editor

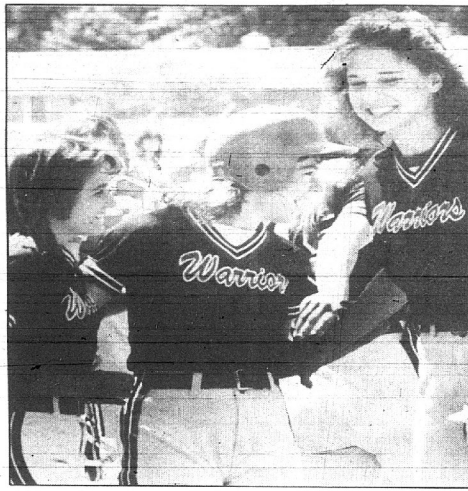
WOOD RIVER — With a few more defensive plays, this could have been different. But the Warrior softball team went out with heads held high.

Granite City was eliminated by Civic Memorial 5-2 in the Wood River Regional semifinals here Saturday. But the mood was generally upbeat as the season ended.

"I'm real happy with how we ended the season," said Warrior coach Jim Davis. "We hit some bullets today and had chances. We beat Collinsville, and that made everybody happy. We had one bad inning today, but I thought the girls had a reason to be proud."

Tammy LeVault was every bit as effective as Eagle ace Terri Hensel. They both allowed four hits. But the Warriors committed three errors in each of two innings to allow four unearned runs.

Granite City (9-15) scored in the first with the help of an error as LeVault doubled in a run. Then LeVault escaped a bases-loaded, one-out jam in the



(Staff photo by Dave Whaley) MINDY HOTH (center) is congratulated by Tracy Gaudette (left) and Jennifer Cavaness after her home run in Saturday's game.

second when left fielder Mindy Hoth made a nice running catch and LeVault caught a line drive back up the middle.

"I thought we might have a chance when we got out of that inning," Davis said. "I thought it could fire us up and maybe defeat them. But they have won before and they know what it takes." "It was a nice comeback for us," said CM coach Jeff Dyer. "We made some errors early and Granite City hit the ball well. We tightened up our defense and took advantage of some errors ourselves."

CM (19-5) took the lead for good in the third. Right fielder Lisa Mills dropped Amy Leonard's line drive, then Tracy Gaudette threw wide to first on Tammy Baker's grounder. Shortstop Christy Conroy singled up the middle for the two runs, although the inning should have

been over. Center fielder Carrie Bohnestiel lost a fly ball in the sky with one out in the fifth. Then Kathy Lewis couldn't handle Baker's ground ball. Gaudette couldn't flag down catcher Michelle Bequette's throw after a passed ball as Baker scored. Janene Drake singled home a fourth run.

Carrie Bateman's homer in the sixth made it 5-1 before Hoth got a home of her own in the seventh. Jennifer Cavaness had two hits for the Warriors, but overran third after a triple with two outs in the sixth and was tagged.

The Warriors also had two runners on in the fourth when Mills' smash was bobbled by

Drake at first base. But the ball went right to second baseman Tonya Smith, who threw back to Drake for the out.

"We had some chances, but I thought we went out in style," Davis said. "We'll miss our seniors (LeVault, Gaudette, Lewis and Mills), but we have some young kids who are developing. I think Bequette is the best catcher in the area. Pawlak, Bohnestiel and Cavaness are all good players."

All of the above have two more years. "We'll have to find a pitcher," Davis said. "Pawlak will probably pitch some next year. But these girls have a good attitude and I know we'll be competitive."

By Dave Whaley
Executive sports editor

EDWARDSVILLE — Moments before the start of Saturday's regional semifinal, Bob Stegemeier spotted Darin Hendrickson behind the Warrior dugout.

Hendrickson, the co-ace of the 1987 Warrior pitching staff, was on hand to watch his former team battle the Jerseyville Panthers. Stegemeier kiddingly asked Hendrickson if he wanted a uniform so he could pitch if needed.

Hendrickson's educated right arm was sorely missed in the sixth inning. The Warrior pitching staff fell apart in that frame as the Panthers (19-11) scored nine times to negate a 7-0 Granite City lead and claim a 10-8 victory. Jerseyville moved on to face Edwardsville (27-8) in Tuesday's regional title game for a berth in this weekend's Granite City Sectional.

The Warriors (8-18) are now preparing for American Legion baseball and wondering what happened. But it was "painfully obvious."

"We gave it away," Stegemeier said. "We couldn't get anybody out in the sixth inning. We walked in two runs and you can't get anyone out that way."

The Warriors used four pitchers in the sixth and starter Mike Krausz got in trouble. But Joe Wallace, Mark Begando and Tim Black couldn't stop the tidal wave. Wallace got the loss when he walked one and allowed two hits. But it was Panther right fielder Dusty Crockett who got the big hit off Begando, a three-run triple that gave Jerseyville a 9-7 lead.

"I can't believe how shallow their outfielders played," said Panther coach Ken Schell. "It helped them early when they made our runners advance one base at a time. But I told my assistant coach that we would burn them sooner or later."

"It's poetic justice, I guess," Stegemeier said. "It's the kind of thing we've been all year. We batted back. I can't blame our position players. We hit and our defense wasn't too bad. We were pitching just didn't get it done." The Warriors broke a scoreless tie with seven runs in the fourth and appeared to be cruising. Wallace doubled home Craig Dippel with the first run and

Class AA Regionals

Baseball

Edwardsville Regional

Thursday

Granite City vs. Wood River 4

Roxana 2, Altoon 0

Jerseyville 10, Granite City 6

Saturday

Edwardsville 10, Granite City 6

Regional championship

Edwardsville vs. Jerseyville 4 p.m.

Bellevue West Regional

Thursday

Bellevue East 7, East St. Louis 1

Bellevue West 6, Bellevue East 4

Bellevue Albion 10, Cahokia 5

Saturday

Bellevue West 6, Bellevue East 4

East St. Louis 11, Bellevue Albion 1

Monday

Regional championship

East St. Louis vs. Bellevue West 5 p.m.

Softball

Wood River Regional

Thursday

Granite City 3, Collinsville 2

Civic Memorial 3, Jerseyville 2

Trinidad 9, Edwardsville 0

Edwardsville 5, Wood River 2

Saturday

Civic Memorial 5, Granite City 2

Trinidad 5, Edwardsville 0

Regional championship

Bellevue East Regional

Thursday

Bellevue West 13, East St. Louis 2

Cahokia 13, O'Fallon 2

Bellevue East 6, Bellevue Albion 9

Mascoutah 4, Highland 3

Saturday

At Bellevue East

Bellevue West 4, Cahokia 1

Bellevue East 5, Mascoutah 2

Tuesday

Regional championship

Bellevue West vs. Bellevue East 4 p.m.

SCORING

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JERSEYVILLE: Granite City 10, Jerseyville 6

WOOD RIVER: Granite City 5, Wood River 2

EDWARDSVILLE: Jerseyville 10, Edwardsville 6

BELEVUE WEST: Bellevue West 13, Bellevue East 2

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Smith, Leonard win to help Trojans take 3rd

CHARLESTON — Ian Smith and Jessie Leonard.

The names just seem to go together. Together last weekend, they helped the Madison Trojans almost to the heights.

The Trojans made it pretty high as they took third in the Illinois Boys Class A Track Meet with 37 points. Smith and Leonard, meanwhile, both brought home gold medals.

Smith won his second consecutive 400-meter championship with a state-final run of 48.80 seconds. Leonard, after suffering disappointment the past two years, finally got the state championship in the long jump with a record-tying leap of 23-34.

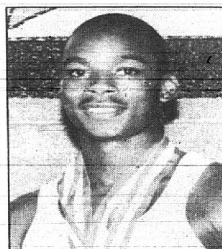
Smith and Leonard, both finishing their junior years, have been the brightest lights on the Trojan track team the past two years since Smith transferred in from Hazelwood East.

Smith had a heavy workload over the weekend and had a chance to become the first male in Illinois history to win three golds in the sprint events. He made the finals in all three, but had to settle for a fourth in the 200 meters (22.6 seconds) and a sixth in the 100 meters (11.14).

Leonard and Smith joined Jason Briggs and Quincy Williams on the 400 meter relay team that took a second to Cairo (43.06) in the state finals. The Trojan quartet was clocked in 43.15.

Cairo won the meet with 58 points and St. Anne was next with 52. The Trojans accumulated 37 points for third. Madison's 800 meter relay team of Briggs, Williams, Kenny Griggs and Leonard added to the point total by taking eighth place with a time of 1:32.60.

Smith beat Atkinson's Neal Sherbeyn by more than half a second in the 400 finals. Smith ran 48.80 to Sherbeyn's 49.38. Smith was narrowly edged by St. Benedict's Wenden Bouye for third place in the 200. Bouye had a time of 22.6 to Smith's 23.00. Low hurdles, 37.22; Mascoutah's Darrin Plab, second in the high jump, 7-0; and East St. Louis-Lincoln's Vernon Garrison, second in the discus, 175-8.



Ian Smith

Smith took sixth with a run of 11.14.

In the long jump, Leonard, who had missed the state meet as a freshman because of a death in the family and scratched last year, finally came through in a big way on Saturday. His state-final jump of 23-34 tied the Class A mark set by Putnam County's Steve Sfranski in 1976. Leonard tried once more to break the record, but scratched.

In the Class AA meet, an injury to Kenny Robinson during Friday's preliminaries probably cost East St. Louis a state title. As a result, the Flyers failed to score in any of the sprint events — in which Robinson was a cinch to at least place, if not win — and Chicago Heights' Domo edged the Flyers 36-37 for the state crown.

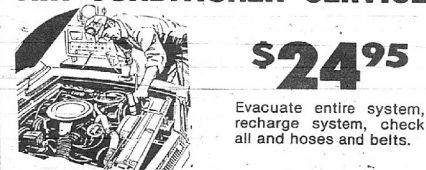
The Flyers did score big in the relays as they won the 800 and 1600 relays, and took fourth in the 400 and 3200 relays. Other area athletes to place in Class AA competition included Altoon's Tony Winston, second in the 110 high hurdles, 14.31; East St. Louis' Vernon Bouye, third in the 200 low hurdles, 37.22; Mascoutah's Darrin Plab, second in the high jump, 7-0; and East St. Louis-Lincoln's Vernon Garrison, second in the discus, 175-8.

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Before we get to the top twelve small club money earners from the third tally, I want to remind all groups that **ONLY THOSE ORGANIZATIONS REPRESENTING HALF THE SPONSORS WILL QUALIFY FOR MONEY IN A GIVEN WEEK** for Missouri groups this means 7 sponsors, for Illinois groups 14. Remember, too, there is a 50,000 point bonus for regions on a weekly tally!

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5. Community Committee
6. Home Chapter Calico Crafts

Additional points go to those groups placing 13th, 14th and 15th: They are SUGAR CREEK SWIM CLUB, XI KAPPA PI BETA SIGMA PHI and ST. LIBERTY.

A tip of our CCA hat to our CHAIRPERSONS OF THE WEEK — MYRTLE ODESSA MURPHY (MI), ZION, WILLIAM NATIONS (ST. John's Women's Social Service), BETTIE REEDER (WPA Auxiliary 1751) and EILEEN MARGHERIO (WELCA). Congratulations!

HERE NOW IS AN UPDATE OF ALL CURRENT NEWSLETTER BONUSSES; PLUS BONUSSES VALID DURING JUNE (or part of the month). Pay careful attention, as the bonuses really make a difference in your point totals!

ALEXAN BROTHERS HEARING CENTERS: Earn an additional 100 points for every dollar tallied on any June TALLIED. This is a NEWSLETTER BONUS (chairs), use the newsletter bonus time on your tally.

BOUNTY PAPER TOWELS: Earn 1,000 points per label (any size BOUNTY) for the JUNE 2, 9 and 16th tallies. This is a NEWSLETTER BONUS!

BOUNCE FABRIC SOUTHERN: For any count of BOUNCE tallied JUNE 2, 9 and 16th, earn 1,000 NEWSLETTER BONUS POINTS!

CPI PHOTO FINISH: Don't let exposed film sit in your camera too long! Take your Spring pictures during this Summer! For every FUJI film tallied until June 16th, you'll earn 1,000 NEWSLETTER BONUS points per dollar for every CPI receipt. (Remember, this is in addition to the 100 CCA points per dollar!)

FOLGERS COFFEE: From now through the June 16th tally (that includes June 2 and June 9th) earn 1,000 NEWSLETTER BONUS POINTS for every label from the bags of FOLGERS BRICK COFFEE! Regular or Decaf — "The best part of waking up is FOLGERS in your cup!"

FUJI FILM: Buy your FUJI FILM at CPI Photo Finish, and use high quality FUJI film for all of your picture taking this Summer! For every FUJI film tallied until June 16th, you'll earn 1,000 NEWSLETTER BONUS points per dollar additional on every GLENDALE CHRYSLER receipt.

GLENDALE CHRYSLER: This is just a reminder that until June 9th, you earn 100 NEWSLETTER BONUS points per dollar additional on every GLENDALE CHRYSLER receipt.

KRETSCHMAR PRODUCTS: ANY KRETSCHMAR LABEL earns 1,000 NEWSLETTER BONUS points from now until June 16th.

MALL'S BARBECUE SAUCE: ANY MALL'S LABEL regardless of flavor or size will earn 1,000 additional points through the June 16th tally!

METRO LIGHTING: A quick reminder that all METRO LIGHTING receipts earn a 1,500 point bonus through the end of JUNE, and any CASABELLA FAN receipt dated MAY 15 through 21 is worth DOUBLE BONUS POINTS! Call me should you have any questions on this, or any other bonus!

Rappelling not dangerous; just another of life's 'challenges'

By David Wilhelm
Staff affiliate

Jim Schneider calls it "calculated risk." Others call it crazy. C'mon, what's crazy about trekking down the side of a 75-foot cliff? After all, if you're searching for fun and adventure, what better activity is there to do outdoors?

Many people go well out of their way to find something a bit less thrilling than rappelling. Whether it's a fear of heights or a lack of trust in man-made equipment designed to make your rappelling adventure danger-proof, most folks prefer safer ways of recreation.

But Schneider, community program director at the Belleville Ill.-County YMCA, says rappelling is not as dangerous as it looks. As an instructor for 11 years, Schneider likes his students to look at rappelling as another in a series of challenges life provides. When they succeed, they feel a sense of accomplishment.

"Being into counseling, too, it didn't take long to realize it could have some real therapeutic value, especially to kids," said Schneider, who has a master's degree in counseling. "Climbing and rappelling don't have to be dangerous. They can be made safe. In fact, most rappelling accidents are alcohol-related."

"Rappelling's not hard, it's just spooky," he said. "It's made a bit less spooky by the durable equipment that is a necessity for all rappellers. Schneider and Ken Korte, supervisor of the Y's Life Adventures Program, not only have the best equipment available for their classes, but are constantly preaching the importance of safety."

"In our system, we have back-ups on everything," said Schneider, 33.

Equipment includes rope (Schneider and Korte use rope with a test strength of 5,000 pounds), a harness made of durable webbing that wraps around a rappeller's upper thighs, and a carabiner that attaches the harness to a figure eight descending ring. The figure eight descending ring is what the rappeller feeds the rope through as he progresses down the cliff. Schneider and Korte also recommend helmets.

A belay — a person who stays at the top of the cliff and has control over the rappeller in case of a mistake — is another safety measure.

Making sure students feel safe is one of the obstacles Schneider and Korte must deal with.



NOVICE RAPPELLERS like David Wilhelm use a belayer rope when doing their thing. (Photo by Mike James)

"That's the most difficult part," said Korte, 30. "We deal with that by explaining the equipment, how it works and making sure students understand the equipment will work and the equipment will work and the equipment will work."

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P205/70R14 BLK/RWL	71.95	139.90	275.80
P215/60R14 BLK/RWL	71.95	139.90	275.80
P215/60R14 BLK/RWL	74.95	145.90	287.80
P225/70R15 BLK/RWL	81.95	159.90	315.80
P215/60R15 BLK/RWL	79.95	155.90	307.80
P215/60R15 BLK ONLY	71.95	139.90	275.80
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P195/70R14 BLK/WALLS	69.95	49.95	
P205/70R14 BLK/WALLS	79.95	54.95	
P205/70R14 BLK/WALLS	74.95	56.95	
P225/70R15 BLK/WALLS	84.95	59.95	
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WHITEWALLS ON SALE TOO!

WHITEWALL SIZE	PRICE	WHITEWALL SIZE	PRICE
P175/70R13	\$39.95	P205/70R14	ONE LOW PRICE \$49.95
P185/70R13	39.95	P205/70R15	
P185/70R13	39.95	P215/70R15	
P185/70R14	46.95	P225/70R15	
P185/70R14	46.95	P235/70R15	

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hold them properly. "You have to try to build an immediate trust. It's primary that they can trust you because they're literally putting their lives in your hands."

With the rope tied to a secure tree at the top of the cliff and all the other equipment in place, a rappeller begins his decline. Naturally, the first step off the edge is the most difficult. But once that's over, a rappeller merely steps down the cliff as he feeds the rope through the figure eight descending ring with his right hand. The left hand is not used.

"Most people are afraid of heights and in rappelling, that becomes front and center," said Schneider. "The first step over is the most frightening. After that it's not so bad."

Rope (approximately \$90) is the most expensive piece of a rappeller's equipment. A harness (\$23.95), figure eight descending ring (\$15.30), carabiner (\$5.25-\$12.50) and webbing (28 cents a foot) is also needed to get started. A quality helmet can cost as much as \$24.

Some of the most popular rappelling locations are Pere Mar-

quette State Park in Grafton, Carbondale and Ferné Clyffe State Park in Goreville, Ill.

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Founder of phone sports service excited about project

David Leinberger's hands flit around like a couple of monkeys with a head full of blather acid as he explains this project that's eating up all his time and most of his money.

"It's simple, he says. Let's say it's 2 in the morning and you haven't heard how the Cardinals did that night. All you do is pick up the phone and call. We've got a summary of the game, the score and everything else. And the thing that makes it different is it's free."

"The hands are going like bats out of hell as he explains that at 2 in the morning my options are awfully limited when it comes to getting sports news."

"He's got a point. I admit that at 2 a.m. my options are limited to sleeping on my right side, my left side or getting down on the floor with the dog."

"OK, he says, you might be asleep at 2 a.m., but what if you aren't? What then? What if you wanted to know what happened in last night's game...then, what would you do?"

"I'm stumped."

"You'd call Contact Sports, he says. You'd punch in 721-7200 — it only works if you call on a Touch-Tone telephone — and then you'd have all your scores. Free!"

Leinberger comes across as a reasonable, calm, well-behaved professional. When he gets rolling on the subject of Contact Sports, a 24-hour-a-day telephone sports reporting service, though, things change. The hands start flying this way and that and the voice starts throwing exclamations into the conversation.

Leinberger's no dummy. He understands he hasn't reinvented the wheel. Still, this is his baby and he pushes it hard.

Leinberger spent 10 years peddling ads for companies around town before getting out and cranking up Contact Sports earlier this spring. This is his first time out on his own and the limb that looked promising a few months ago is probably shakier now that he's shimmied out there alone.

Leinberger says it took about a year to get the project together. And now that he's gotten this monster off the ground he doesn't want it to come crashing down around his ears without letting the sports addicts of St. Louis know he's there even at 2 in the morning. Free is his motto, he says, and he's not backing down on his own and the limb that looked promising a few months ago is probably shakier now that he's shimmied out there alone.

Free, however, is a notion that several hundred sports addicts,

'Learn to Swim' campaign at Y

The annual YMCA "Learn to Swim" campaign for children ages 6 to 12, will be held May 31 through June 3.

The program is an intense session of swim lessons designed for those non-member children who cannot swim 25 feet. Each child will attend four half-hour sessions (Tuesday through Friday).

The cost for the week is \$3 per child. Classes are limited to 15 students and registration will be taken on a first-come, first-served basis. Registrations will be taken in person at the YMCA, 2001 Edison Ave., Granite City.

Morning session times are 10:30 a.m., 10:30-11 a.m.; and 11:11-30 a.m. Afternoon session times are 1:30-2 p.m.; 2:20-3 p.m.; and 2:30-3 p.m.

"Don't wait until your child is one of this year's 7,500 drownings," said Pat Barker, executive director of the Y, who will be giving instructions along with the YMCA staff.

Additional information can be obtained by calling the YMCA at 876-7200. The YMCA is a United Way agency.

The Green Machine

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Sports talk

Dennis Barnidge

Rotisserie League junkies and the odd gambler or two around the area have warmed up to a

rate of about 1,000 calls a day.

Leinberger turns ashen and the hands stop fluttering at the mention of gambling.

"I don't know anything about that sort of thing," he said. "I just provide information."

The service is crammed full of information. Free information. That makes it different than, say, the line operated by USA Today, which can run up quite a tab if you're not watching the clock. It also is different than

the service run by radio station KMOX, which basically is a continual replay of its hourly sports-cast.

Contact Sports lets callers pick their poison. You want a round-up of National League scores, fine; highlights of the Cincinnati Reds game, dandy; MISL results, well, then take your name and number and hunt you down like a dog. The system is loaded with every sport and everything connected to sports,

including prices, charge information and telephone numbers of every pro sports franchise. The game information is updated as news pops over the wire, usually within 20-30 minutes of completion of a game.

So where's the money in this? The money, Leinberger hopes, is in dropping paid ads at the start of the various reports. He's gambling on successfully matching ads to an audience tuned into listening for a message. Did he

say gambling?

The only gambling he knows of, he says, is whatever money gets bet as the result of the service's two-races-per-day tips from Mark The Shark on the ponies at Fairmount Park.

Oh, yeah? How's The Shark's handicapping?

Leinberger shakes his head and professes ignorance.

"I don't keep track," he says. "He does point out, though, that tips are free."

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Case Price: 11.28
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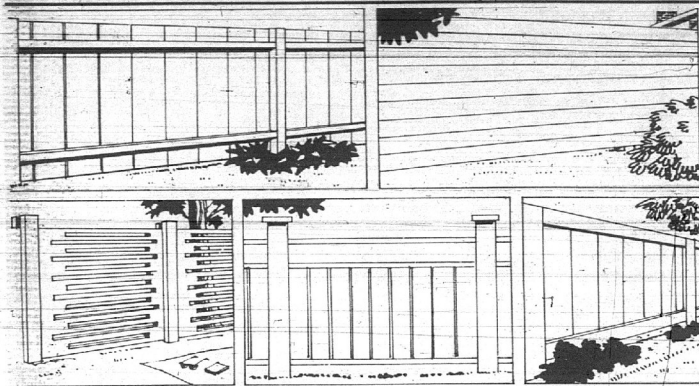
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OPEN NIGHTS AND SUNDAYS

Ad prices good thru Monday, June 6, 1988. We reserve the right to limit quantities. Ad prices not good on special orders. No dealers. © 1988 AutoZone. Full details of warranties of stores.



A NUMBER OF PATTERNS and styles are possible for fences made from western wood including, from left: top, simple board and horizontal; bottom, contemporary screen, designer and limbered.

Fences can be functional, decorative

Western wood fences can be tailored to satisfy many different tastes and needs, thanks to the wide variety of patterns, sizes and western wood species available today.

For example, fences that have a breezy look blend well with garden settings or intricately landscaped yards. Such fences can be as simple as screens, or traditional board fences with spaces between the panels, or fences that sport a lattice pattern.

On the other hand, fences that are used to enclose private decks or hot tubs can be horizontal panels made from beveled boards. These provide an adequate visual barrier and yet are a pleasing alternative to a bland, wall-like barrier.

In addition to style and pattern, also consider whether to use common boards, which will give a knotty appearance, or upper grades, which are practically knot-free, for a cleaner

look. Also, the board widths most commonly used for fencing are 4, 6 and 8 inches. Note that boards for fencing, and other uses as well, are available with either a smooth or rough surface.

After choosing your pattern and size and selecting materials, use twine and a stake line to lay out the fence. Posts, which are usually 4x4s, should be placed no more than 8 feet apart. Because part of the posts will be buried, it is especially important that they be preservative pressure-treated to prevent decay.

Use a carpenter's level to make sure the posts are straight, then brace them with scrap lumber. Anchor the posts in the ground with either tamped earth or poured concrete.

Two-by-four inch rails either can be nailed to the post tops or toenailed to the sides if the post top is to be exposed. Bottom

rails should be placed at least 6 to 10 inches from the ground.

For a traditional board fence, run a string along the post tops to guide placement of the fence boards. Space the boards appropriately and nail them to the rails. Use only hot-dipped galvanized nails as these will prevent the wood from becoming stained with iron streaks.

Pieces of dimensional lumber can be used to make patterns to give your post-tops a customized look.

Finish the fence with an appropriate stain, paint or water-repellent preservative, which will let the natural wood grain and color show.

For a Plan Sheet on fence designs for the do-it-yourselfer, send 50 cents in coin to Western Wood Products Association, Department F-125C, Yoon Building, 522 SW Fifth Ave., Portland, Ore. 97204-2122.

Index shows ripe housing market

By Angela Shearar
President
Real Estate Board
Of Metropolitan St. Louis

Increased family income and low mortgage interest rates compensated for slightly higher home prices in March, pushing up the National Association of Realtors Housing Affordability Index to 114.2 in the month.

The index measures monthly changes in home buyers' purchasing power.

The March index meant that a family earning the median income of \$31,526 had 114.2 percent of the income needed to qualify for a conventional loan covering 80 percent of the national median existing-home price of \$88,700 recorded for that month.

"With low interest rates, rising family income and increasing confidence in adjustable-rate mortgages, this is an excellent time for purchasing a house for both first-time and repeat home buyers," said Nestor R. Weigand Jr., president of the National Association of Realtors.

The March index rose 5 percent to 114.2 from the February level of 113.7. January's level was 113.3.

"Clearly, lower mortgage rates were the big story in affordability for March," said Dr. John A. Tuccillo, NAR's chief economist. "We have, however, seen the best news in interest rates in 1988 — our forecast is for interest rates to drift upward for the rest of the year."

"Although rising interest rates will push the housing affordability index downward, the fall will be eased somewhat by continuing increases in family income and a moderation of house price appreciation," Tuccillo said.

At the 100.0 level, the median income equals 100 percent of the amount needed to qualify for a home at the median price. With March's index more than 14 points above 100.0, a family earning March's median income would have enough income to qualify for a \$101,300 home.

According to the Federal Home Loan Bank Board, the average effective interest rate on adjustable-rate mortgages closed for existing homes was 8.37 percent in March, compared

with 10.04 for fixed-rate mortgages. The ARMs are down from the February level of 8.51 percent, and the fixed-rate mortgages are down from 10.25 percent. The composite average rate in March was 9.08, down from 9.16 in February. These rates are recorded for the first week of the month and include loan-discount points.

"As we see it now, interest rates have bottomed out for 1988," Tuccillo said. "And, though the affordability index will decline slightly this year, we fully expect it to remain above the 100 level."

March's 114.2 index is derived

from using the composite interest rate of 9.08 percent. Calculated with only the fixed-rate average of 10.04 percent, the March affordability index rose to 105.1 from 103.5 in February. Using only the ARM rate, the March index rose to 121.8 from 120.5 in February.

Based on lending requirements set by the Federal National Mortgage Association (Fannie Mae), a family needed an annual gross income of \$27,602 in March to qualify for a mortgage on a typical resale home. At \$37,526, the median family income that month was \$3,924 above the qualifying income.

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Plants can be pretty poison for pets

By Sandy Ganz
Staff affiliate

In early December a friend gave us one of the most magnificent poinsettia plants I have ever seen. We kept the huge red plant on a table away from our dogs, knowing how poisonous the leaves are. In spite of my efforts, a few leaves always managed to fall to the floor each day. After about two weeks, I picked up that gorgeous thriving plant and deposited it right in the trash can. The irony of a dog swallowing one of those leaves was pure torture. Poinsettias are one of dozens of poisonous plants that can either cause severe distress or be deadly.

I recently unearthed a list of about 50 plants whose names I had assembled many years ago. It includes indoor and outdoor greenery. In the home, common plants such as philodendron (particularly the split-leaf variety), mistletoe, poinsettia, oleander and cadulium are toxic to animals and small children.

The list of outdoor plants that have toxic effects extends from spring bulbs such as tulip, daffodil, hyacinth and Easter lily to rhubarb leaves, potato leaves, vines and sprouts, apple seeds, English ivy, Japanese yew, and many more flowers and ornamentals.

Most of these plants are beautiful or useful, but you should avoid planting them in areas of your yard where children or animals can get near them. Be sure to trim vines, hedges and plants so that they do not grow on or through fencing where an animal could eat part of these toxic plants. Many a pet has been known to playfully snap off a piece of greenery while romping about.

Deck wood deck with accessories

A fold-out plan sheet available from the Western Wood Products Association may help you to build seven outdoor deck accessories from one basic box design.

With slight alterations, the box can be made into different variations of planters, tables and benches.

Illustrations and step-by-step instructions for these easy projects are included.

Request Plan Sheet 22 and send 50 cents in coin to Western Wood Products Association, Dept. PS-122C, Yoon Bldg., 522 SW Fifth Ave., Portland, Ore. 97204-2122.

Most of us have begun to think about or actively begun working on lawns and flower beds. Keep in mind that fertilizers, insect killers and weed killers whether they be powdered, granulated or applied in a spray, can be inhaled or absorbed through the skin and pads of an animal's feet, as well as being eaten.

A few years ago our dogs suffered an unusual and severe flea infestation. At the time I used 7 percent Sevin dust in our dogs' coats to kill the quickly multiplying pests. We had a year-old male dog who received the same application of that acceptable insecticide treatment as the other dogs. Within 10 minutes of having the powder rubbed into his coat, his breathing was labored; he was drooling heavily and obviously was feeling uncomfortable.

At first I made no connection between the insecticide which I

had used successfully in the past on other dogs. After a short while, I telephoned our vet just to check and see what she thought the problem might be. Within minutes the dog received a complete bath with a mild shampoo and was thoroughly rinsed. By the time he was dried and brushed he was acting perfectly normal. The diagnosis was simple. He is allergic to Sevin dust.

It is important to keep in mind the high toxicity of some plants and chemicals, especially at this time of year when we are around them to such a great extent. If your pet has an allergic reaction to any toxic substance, the Toxicology Hotline at the University of Illinois in Urbana is available to help you. It remains in service 24 hours a day, every day of the year, and can be reached by calling (217) 333-3611.

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